

LineDance Entertainment

Shes A Twister by Rob Fowler (ES) - July 2026 - 64 Count, 4 Wall, Improver Dance

Intro: 16 counts (approx. 5s)

Music available on: danztunz.com and all major music platforms

For a slightly slower, fun teaching track try “Let’s Twist Again” by Chubby Checker

S1: R Grapevine, Twist Heels L, Centre, L, Centre

1,2,3,4Step R to R side, step L behind R, step R to R side, step L next to R

5,6Twist both heels L, twist both heels back to centre

7,8Twist both heels L, twist both heels back to centre (weight on R) [12:00]

S2: L Grapevine, Side R, Touch L, Side L, Touch R

1,2,3,4Step L to L side, step R behind L, step L to L side, touch R next to L

5,6,7,8Step R to R side, touch L next to R, step L to L side, touch R next to L [12:00]

S3: Stomp R Fwd, Twist L Heel, Toes, Heel, Diag Back L, Touch R, Diag Back R, Touch L

1,2Stomp R forward to R diagonal, twist L heel towards R

3,4Twist L toes towards R, twist L heel towards R (keep weight on R)

5,6Step diagonally back L on L, touch R next to L (+ clap)

7,8Step diagonally back R on R, touch L next to R (+ clap) [12:00]

S4: Stomp L Fwd, Twist R Heel, Toes, Heel, Diag Back R, Touch L, Diag Back L, Step R

1,2Stomp L forward to L diagonal, twist R heel towards L

3,4Twist R toes towards L, twist R heel towards L (keep weight on L)

5,6Step diagonally back R on R, touch L next to R (+ clap)

7,8Step diagonally back L on L, step R next to L (+ clap) [12:00]

S5: Twist Heels / Toes / Heels R, Hold, Twist Heels / Toes / Heels L, Hold

1,2,3,4Twist both heels R, twist both toes R, twist both heels R, hold (+ clap)

5,6,7,8Twist both heels L, twist both toes L, twist both heels L, hold (+ clap) [12:00]

RESTART: During WALL 5 (which starts facing 12:00), please dance up to and including count 8 of S5 then restart here facing 12:00.

S6: Twist Heels R, Clap, Twist Heels L, Clap, Twist Heels R, L, Centre, Hold

1,2,3,4Twist both heels R, clap, twist both heels L, clap

5,6,7,8Twist both heels R, twist both heels L, twist both heels back to centre, hold [12:00]

S7: Step Fwd R, Hold, Pivot 1/8 L, Hold, Step Fwd R, Hold, Pivot 1/8 L, Hold

1,2,3,4Step forward on R, hold, make 1/8 turn L (weight on L), hold [10:30]

5,6,7,8Step forward on R, hold, make 1/8 turn L (weight on L), hold [9:00]

S8: Slow R Jazz Box Cross

1,2,3,4Cross step R over L, hold, step back on L, hold

5,6,7,8Step R to R side, hold, cross step L over R, hold [9:00]

Start Over

ENDING: The song ends during WALL 9 (which starts facing 3:00). Please dance up to and including count 4 of S6, then step fwd on R, make ¼ turn L to finish facing 12:00.

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28 JUL '26 50