

Highs of My Life

LINEDANCE.COM

Count: 48

Wall: 4

Level: Easy Intermediate waltz

Choreographer: Linda Pink L.V Country Line Dancers, Latrobe Valley, Victoria - March 2016

Music: Berlin at 5 by: Paul O'Brien. Album: "Sacred Lines"

Music Available on paulobrien.ca

Tag/Restarts: 1 Tag/Restart

Introduction 12 3.58min

TWINKLE, TWINKLE ½ TURN

- 1,2,3 Step L Across In Front Of R, Step R Together, Step L Together (12)
- 4,5, Step R Across In Front Of L, Turn ¼ Right Step L Back,
- 6 Turn ¼ Right Step R To The Side (6)

CROSS, ROCK, SIDE, ¾ ROLL

- 1,2,3 Step L Across In Front Of R, Rock Back Onto R, Step L To The Side
- 4,5, Step R Across In Front Of L, Turn ¼ Right Step L Back,
- 6 Turn ½ Right Step R Forward (3)

STEP, POINT, HOLD, ACROSS, SLOW KICK

- 1,2,3 Step L Forward, Point R To The Side, Hold
- 4,5,6 Step R Across L, Slow Kick L (2 Beats)

(TRAVELLING BACK) SAILOR STEP, SAILOR STEP

- 1,2,3 Step L Behind R, Step R To The Side, Rock Back Onto L
- 4,5,6 Step R Behind L, Step L To The Side, Rock Back Onto R

COASTER STEP, SLOW PIVOT

- 1,2,3 Step L Back, Step R Beside L, Step L Forward
- 4,5,6 Step R Forward, Slow ½ Turn Left Taking Weight Onto L (2 Beats) (9)

FULL TURN, STEP, STEP , STEP, SLOW SWEEP

- 1, Step Forward Turning A Full Turn Left On The Ball Of R Foot
- 2,3 Step L Forward, Step R Forward

4,5,6 Step L Forward, Slow Sweep R Over L (2 Beats)

CROSS, BACK, BACK, CROSS, BACK, SIDE

1,2,3 Step R Over L, Step L Back, Step R Back ***

4,5,6 Step L Over R, Step R Back, Step L to the Side

CROSS, SLOW UNWIND, BACK, DRAG, TOGETHER

1,2,3 Cross R Over L, Slow Unwind Left (2 Beats) Take Weight Onto R (3)

4,5,6 Step L Back, Drag R To L, Step R Next To L

TAG/RESTART

On Wall 5 Dance Up To Beat 39 (*) And Add The Following Tag**

1,2,3 Step L Back, Drag R To L, Step R Next To L

And Restart The Dance Facing 9 O'clock

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