

Can U Move It Like This

LINEDANCE.COM

Count: 64 **Wall:** 4 **Level:** Low Intermediate

Choreographer: Kim-Fundazer (Malaysia) July 2016

Music: Move It Like This by Baha Men - Cha Cha. Music: Dance House

Intro: 48 Counts...

S1: FORWARD MAMBO, BACK MAMBO, SIDE MAMBO

- 1&2** Rock forward Rf, recover weight on Lf, step Rf slightly back
- 3&4** Rock back on Rf, recover weight on Rf, step Lf slightly forward
- 5&6** Rock Rf to side, recover weight on Lf, step Rf beside Lf
- 7&8** Rock Lf to side, recover weight on Rf, step Lf beside Rf (12:00)

S2: CROSS SHUFFLE-SIDE- ROCK RECOVER WITH SHIMMIES X2

- 1&2** Cross Rf over Lf, step Lf to side, cross Rf over Lf
- 3-4** Rock Lf to side, recover onto Rf
- 5&6** Cross Lf over Rf, step Rf to side, cross Lf over Rf
- 7-8** Rock Rf to side, recover onto Lf (12:00)

S3: FORWARD MAMBO, BACK MAMBO, 1/4 PEDDLE TURNS X2

- 1&2** Rock forward Rf, recover onto Lf, step Rf slightly back
- 3&4** Rock back on Rf, recover onto Rf, step Lf slightly forward
- 5-6** Step forward on ball of Rf, pivot $\frac{1}{4}$ left with rolling hips (9:00)
- 7-8** Step forward on ball of Rf, pivot $\frac{1}{4}$ left with rolling hips (6:00)

(Optional): Arms styling for above counts 5-8: bring both arms above the head, swinging from right to left, making big circles

S4: ROCK FORWARD-RECOVER, FULL TURN TRIPLE STEP, ROCK FORWARD-RECOVER, COASTER STEP

- 1-2** Rock forward on Rf, recover weight on Lf
- 3&4** Make a full turn right, stepping on Rf-Lf-Rf
- 5-6** Rock forward on Lf, recover weight on Rf
- 7&8** Step back on Rf, step Lf beside Rf, step forward on Rf (6:00)

S5: WEAVE LEFT, CROSS-RECOVER, SIDE SHUFFLE

- 1-4 Cross Rf over Lf, step Lf to side, step Rf behind Lf, step Lf to side
5-6 Cross Rf over Lf, recover onto Lf
7&8 Shuffle to the side on Rf-Lf-Rf (6:00)

S6: WEAVE RIGHT, 1/4 TURN RIGHT, ROCKING CHAIR

- 1-4 Cross Lf over Rf, step Rf to side, step Lf behind Rf, ¼ turn right stepping Rf forward (9:00)
5-8 Rock forward on Lf, recover onto Rf, rock back on Lf, recover onto Rf

S7: FORWARD SHUFFLE, ROCK-FORWARD-RECOVER, 1/2 TURN SHFFULE, PIVOT 1/4 TURN RIGHT

- 1&2 Shuffle forward on Lf-Rf-Lf
3-4 Rock forward on Rf, recover onto Lf
5&6 Shuffle ½ turn right on Rf-Lf-Rf (3:00)
7-8 Step forward on Lf, pivot ¼ turn right on Rf (6:00)

*****Restart here on Wall 3, after 56 counts with step change on counts 7-8**

S8: ROCK FORWARD-RECOVER, 1/4 LEFT SHUFFLE TURN, CROSS- SAMBA

- 1-2 Rock forward on Lf, recover onto Rf
3&4 Shuffle ¼ turn left, stepping on Lf-Rf-LF (3:00)
5&6 Cross Rf over Lf, step lightly on ball of Lf to side, recover onto Rf
7&8 Cross Lf over Rf, step lightly on ball of Rf to side, recover onto Lf

*****Restart: On Wall 3, after 56 counts, with step change on counts 7-8 to**

7&8: Left Mambo..rock to side on Lf, recover onto Rf, step Lf next to Rf

Restart Wall 4 facing 9:00 O'clock

Have fun, enjoy!

Contact: Kim-Fundanzer (kimfundanzer@gmail.com)