

# Be Happy

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**Count:** 96      **Wall:** 2      **Level:** Phrased Improver

**Choreographer:** Mary Frances Chua (Malaysia) Feb. 2017

**Music:** 'Fang Kai Yidian Dian' by Timi Zhuo

## Sequence of Dance: ABAC / ABAC / BA / Ending C-

### INTRO: Count 16

### Part A: Count 32

#### A1: RIGHT & LEFT SIDE SHUFFLE, BACK ROCK RECOVER

1&2 3 4    Shuffle to right on RLR, Step back on L, Recover on R (stretch & raise hands)

5&6 7 8    Shuffle to left on LRL, Step back on R, Recover on L (stretch & raise hands)

#### A2: ( FORWARD STEP HITCH, FORWARD SHUFFLE ) 2X

1 2 3&4    Step R fwd, L hitch, fwd shuffle on LRL

5 6 7&8    Step R fwd, L hitch, fwd shuffle on LRL

#### A3: RIGHT ROCK RECOVER, BACK SHUFFLE, LEFT ROCK RECOVER, FORWARD SHUFFLE

1 2 3&4    Rock R fwd, Recover on L, Back shuffle on RLR

5 6 7&8    Rock L back, Recover on R, Fwd shuffle on LRL

#### A4: SIDE ROCK CROSS SHUFFLE, HALF TURN LEFT CROSS SHUFFLE

1 2 3&4    Step R to side, Recover on L, Cross shuffle on RLR

5 6 7&8    Left turn ½ stepping on L - R [6:00], Cross shuffle on LRL

### Part B: Count 32

#### B1: RIGHT WEAWE, SIDE SHUFFLE, BACK ROCK RECOVER

1 2 3 4    Step R to right side. L back, R to right side, L fwd

5&6 7 8    Shuffle to right on RLR, Step back on L, Recover on R

#### B2: LEFT WAEVE, SIDE SHUFFLE, BACK ROCK RECOVER

1 2 3 4    Step L to left side, R back, L to left side, R fwd

5&6 7 8    Shuffle to left on LRL, Step back on R, Recover on L

### **B3: RIGHT HIP BUMP, QUARTER TURN LEFT HIP BUMP, JAZZ BOX**

**12 34** Twice R hip bump,  $\frac{1}{4}$  left turn twice L hip bump [3:00] (hands on hips)

**5 6 7 8** Fwd cross R over L, L back, Step R to right side, L fwd

### **B4: RIGHT HIP BUMP, QUARTER TURN LEFT HIP BUMP, JAZZ BOX**

**12 34** Twice R hip bump,  $\frac{1}{4}$  left turn twice L hip bump [12:00] (hands on hips)

**5 6 7 8** Fwd cross R over L, L back, Step R to right side, L fwd

### **Part C : Count 32**

#### **C1: RIGHT & LEFT SIDE STEP TOGETHER STEP TOUCH**

**1 2 3 4** Step R to right side, L together. step R to side, L touch beside R

**5 6 7 8** Step L to left side, R together, step L to side, R touch beside L

#### **C2: RIGHT & LEFT SMALL SWAY-WALK FORWARD TOUCH**

**1 2 3 4** Small step-sway fwd on RLR, touch L beside R

**5 6 7 8** Small step-sway fwd on LRL, touch R beside L

**\*\* End dance with a pose \*\***

#### **C3: RIGHT & LEFT SIDE STEP TOGETHER STEP TOUCH**

**1 2 3 4** Step R to right side, L together. step R to side, L touch beside R

**5 6 7 8** Step L to left side, R together, step L to side, R touch beside L

#### **C4: RIGHT & LEFT SMALL SWAY-WALK BACK TOUCH**

**1 2 3 4** Small step-sway backward on RLR, touch L beside R

**5 6 7 8** Small step-sway backward on LRL, touch R beside L

**\*Dance with joy & BE HAPPY\***

#### **CONTACTS:-**

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