

BACKTRACKING

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Count: 64 **Wall:** 2 **Level:** intermediate

Choreographer: Stephen Sunter

Music: How Do I Live (Mr. Mig Remix) by LeAnn Rimes

RIGHT & LEFT SAILOR STEPS, ¼ TURNS RIGHT TWICE

- 1&2** Cross right behind left, step left to left side, step right to place
- 3&4** Cross left behind right, step right to right side, step left to place
- 5-6** Step back right making ¼ turn right, step left beside right
- 7-8** Step forward right making ¼ turn right, step left to left side

RIGHT & LEFT SAILOR STEPS, ¼ TURNS RIGHT TWICE

- 9-16** Repeat counts 1-8

SYNCOPATED VINE RIGHT WITH HITCH, POINT, CROSS & HEEL TWIST

- 17-18** Step right to right side, cross left behind right
- &19-20** Step right to right side, hitch left knee, point left toe to left side
- 21-22** Hitch left knee, cross left over right
- 23** With feet crossed twist both heel right and upper body left
- 24** Twist back to center

SYNCOPATED VINE LEFT WITH HITCH, POINT, CROSS & HEEL TWIST

- 25-26** Step left to left side, cross right behind left
- &27-28** Step left to left side, hitch right knee, point right toe to right side
- 29-30** Hitch right knee, cross right over left
- 31** With feet crossed twist both heel left and upper body right
- 32** Twist back to center

1 & ¼ TURN RIGHT, RIGHT SHUFFLE, ROCK STEP, ½ TURN SHUFFLE

- 33** Step right ¼ turn right
- 34** On ball of right pivot ½ turn right stepping back left
- 35** On ball of left pivot ½ turn right stepping forward right
- &36** Close left beside right, step forward right

- 37-38** Rock forward on left, rock back onto right
- 39** On ball of right pivot $\frac{1}{2}$ turn left stepping forward left
- &40** Slide right beside left, step forward left

FULL TURN & RIGHT SHUFFLE, ROCK, BACK $\frac{1}{2}$ TURN, $\frac{1}{4}$ TURN STEP

- 41** On ball of left turn $\frac{1}{2}$ turn left stepping back right
- 42** On ball of right turn $\frac{1}{2}$ turn left stepping forward left
- 43&44** Step forward right, close left beside right, step forward right
- 45-46** Rock back on left, touch right toe back
- 47** Turn $\frac{1}{2}$ turn right taking weight forward onto right
- 48** On ball of right turn $\frac{1}{4}$ turn right stepping left to left side

CROSS BEHIND, CLAP, SIDE STEPS, CROSS BEHIND, CLAP, SIDE STEPS

- 49-50** Cross right behind left, hold & clap
- 51-52** Step left to left side, step right to right side
- 53-54** Cross left behind right, hold & clap
- 55-56** Step right to right side, step left to left side

During these steps travel slightly back

CROSS BEHIND, CLAP, SIDE STEPS, CROSS BEHIND, CLAP, SIDE STEPS

- 57-64** Repeat counts 49-56

REPEAT