

# Friday Frolics

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**Count:** 68                      **Wall:** 2                      **Level:** Improver

**Choreographer:** Ross Brown (UK) July 2015

**Music:** Dance All Night by Michael English (165 BPM) [Dance All Night – Single [Length – 3:18]]

## **Intro : 16 Counts (Approx. 6 Seconds)**

**Tags : Dance the Tag at the End of Walls 2 & 4, then start the Dance again.**

**Ending : Dance the Tag at the End of Wall 7, to end facing the Front Wall.**

## **S1: SIDE, TOUCH. X2. ROLLING VINE FULL TURN L.**

- 1 - 2 - 3 - 4** Step left to the left, touch right next to left, step right to the right, touch left next to right.
- 5 - 6**                      Make a  $\frac{1}{4}$  turn left stepping forward with left, make a  $\frac{1}{2}$  turn left stepping back with right.
- 7 - 8**                      Make a  $\frac{1}{4}$  turn left stepping left to the left, touch right next to left. (12 O'CLOCK)

## **S2: SIDE, TOUCH. X2. ROLLING VINE FULL TURN R.**

- 1 - 2 - 3 - 4** Step right to the right, touch left next to right, step left to the left, touch right next to left.
- 5 - 6**                      Make a  $\frac{1}{4}$  turn right stepping forward with right, make a  $\frac{1}{2}$  turn right stepping back with left.
- 7 - 8**                      Make a  $\frac{1}{4}$  turn right stepping right to the right, touch left next to right. (12 O'CLOCK)

## **S3: STEP FORWARD. SWIVEL; HEEL, TOE, HEEL. BACK, LONG DRAG, TOUCH.**

- 1 - 2 - 3 - 4** Step forward with left, swivel right heel together, swivel right toe together, swivel right heel together.
- 5 - 6 - 7 - 8** Step back with right, drag left foot together over two Counts, touch left next to right. (12 O'CLOCK)

## **S4: SIDE ROCK, KICK, CROSS. SIDE ROCK, CROSS, HOLD.**

- 1 - 2 - 3 - 4** Rock left to the left, recover onto right, kick left foot forward, cross step left over right.
- 5 - 6 - 7 - 8** Rock right to the right, recover onto left, cross step right over left, hold for Count 8. (12 O'CLOCK)

## **S5: (IN A CIRCLE SHAPE) EXTENDED SHUFFLE FULL TURN L, HOLD.**

**1 - 8** Gradually make a full turn left stepping; forward with left, together with right, forward with left, together with right, forward with left, together with right, forward with left, hold for Count 8. (12 O'CLOCK)

### **S6: (IN A CIRCLE SHAPE) EXTENDED SHUFFLE FULL TURN R, HOLD.**

**1 - 8** Gradually make a full turn right stepping; forward with right, together with left, forward with right, together with left, forward with right, together with left, forward with right, hold for Count 8. (12 O'CLOCK)

### **S7: RUMBA BOX FORWARD.**

**1 - 2 - 3 - 4** Step left to the left, step right next to left, step forward with left, hold for Count 4.

**5 - 6 - 7 - 8** Step right to the right, step left next to right, step back with right, hold for Count 8. (12 O'CLOCK)

### **S8: BACK MAMBO ½ TURN R. HOLD. TOE STRUTS BACK with SHIMMIES.**

**1 - 2 - 3 - 4** Rock back with left, recover onto right, make a ½ turn right stepping back with left, hold for Count 4.

**5 - 6 - 7 - 8** Touch right toe back, place right heel, touch left toe back, place left heel. (Shimmy your shoulders too) (6 O'CLOCK)

### **S9: COASTER STEP, HOLD.**

**1 - 2 - 3 - 4** Step back with right, step left next to right, step forward with right, hold for Count 4. (6 O'CLOCK)

### **END OF DANCE!**

### **TAG : JAZZ BOX ¼ TURN L. TOGETHER, SWIVET RIGHT, HOLD. X2.**

**1 - 2** Cross step left over right, make a ¼ turn left stepping back with right.

**3 - 4** Step left to the left, step slightly forward with right.

**5 - 6** Step left next to right, twist right toe to the right and left heel to the left.

**7 - 8** Twist feet back together, hold for Count 8. (Weight ends on right)

**9 - 16** Repeat Counts 1 - 8 of the Tag.

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