

It Hurts A Bunch

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Count: 32 **Wall:** 2 **Level:** Easy Intermediate

Choreographer: Helena Davies (Modern Linedancing - June 2013)

Music: 'Liquid Lunch' by Caro Emerald

(a.k.a. Liquid Lunch)

Intro: 32 counts after heavy drum beat

S1:

1-2 Walk fwd L-R

3&4& Rock-step L fwd, Recover On R, Rock-step L to L side, Recover on R

5&6L sailor 1/4 turn L (9)

7-8 Step R behind L, Touch L to L side

S2:

1&2 Step L behind R, Step R back into 1/4 turn R, Step L fwd (12)

3-4 Step R to R side and sway R, Sway L

5-6 Step R out and fwd to R corner, Step L out and fwd to L corner

7-8 Step R in and back, Step L beside R

optional:

on counts 5-6 touch R&L hands to forehead

on counts 7-8 touch R&L hands to tummy

S3:

1&2 Step R back, Lock-step L over R, Step R back

&3-4 Jump back L-R, Clap

5-6 Cross-step L over R, Step R back into 1/4 turn L (9)

&7&8 Step L back, Cross-step R over L, Step L to L side, Cross R over L

S4:

1-2 Step L back into 1/4 turn R, Step R to R side into 1/4 turn R (3)

3&4 Cross-step L over R, Step R to R side, Cross-step L over R

5-6 Step R 1/8 turn R, Step L 1/8 turn R (6)

7&8 Rock/Stomp R to R side, Recover on L, Rock/Stomp R to R side

optional: Shake R shoulder & head to R when stomping

TAGS - 2:

After 3rd Rotation - facing back wall - do the following Charleston steps

1-4 Step L fwd, Kick R fwd, Step R back, Touch L back

5-8 Step L fwd, Kick R fwd, Step R back, Touch L back - and restart dance

After 6th Rotation - facing front wall:

Repeat 1-8 Charleston steps - and Restart dance again

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