

# NO NOOZE

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**Count:** 48      **Wall:** 4      **Level:** —

**Choreographer:** Ray McCown

**Music:** No News by Lonestar

**(Note: First eight counts are danced in the shape of a diamond)**

## **SHUFFLE FORWARD, SHUFFLE BACK WITH $\frac{1}{4}$ TURN,**

**1&2**      Right shuffle step forward, 45 degree angle right

**3&4**      Left shuffle step backward turning  $\frac{1}{4}$  turn right

## **SHUFFLE FORWARD WITH $\frac{1}{4}$ TURN, SHUFFLE BACK WITH $\frac{1}{4}$ TURN**

**5&6**      Right shuffle step forward turning  $\frac{1}{4}$  turn right

**7&8**      Left shuffle step backward turning  $\frac{1}{4}$  turn right

**(You should now be facing beginning wall)**

## **GRAPEVINE RIGHT, GRAPEVINE LEFT WITH $\frac{1}{4}$ TURN**

**9**      Step right foot to right side

**10**      Step left foot behind right

**11**      Step right foot to right side

**12**      Touch left beside right

**13**      Step left foot to left side

**14**      Step right foot behind left

**15**      Step left foot to left side, turning  $\frac{1}{4}$  turn to the left

**16**      Touch right beside left

## **SHUFFLE, STEP, PIVOT $\frac{1}{2}$ , SHUFFLE, HOOK BEHIND, PIVOT $\frac{1}{2}$**

**17&18**      Right shuffle step forward

**19**      Step left forward

**20**      Pivot  $\frac{1}{2}$  turn right

**21&22**      Left shuffle step forward

**23**      Hook right behind left

24 Pivot ½ turn left on ball of left

### **HEEL-TOE TOUCHES WITH HOPS, FORWARD THREE, KICK**

&25 Hop back on right, touch left heel forward

&26 Hop forward on left, touch right toe back

&27 Hop back on right, touch left heel forward

&28 Hop forward on left, touch right toe back

29 Step forward right

30 Step forward left

31 Step forward right

32 Kick left forward

### **BACK THREE, STEP BALL CROSS, SIDE TOUCH, HITCH WITH ¼ TURN, STEP, STEP**

33 Step back left

34 Step back right

35 Step back left

&36 Step on ball of right and cross left over right

37 Touch side right

38 Lift right knee forward, turning ¼ turn left

39 Step right in place

40 Step left in place

### **KICK BALL CROSS, KICK BALL CROSS, SIDE TOUCH, HITCH WITH ¼ TURN, STEP, STEP**

41&42 Kick right forward, step on ball of right, cross left over right

43&44 Kick right forward, step on ball of right, cross left over right

45 Touch side right

46 Lift right knee forward turning ¼ turn left

47 Step right in place

48 Step left in place

### **REPEAT**