

Lady Cowboy

LINEDANCE.COM

Count: 64

Wall: 1

Level: Intermediate

Choreographer: Sandy Goodman - March 2017

Music: Lady Cowboy by Ru Paul

#32 count intro.

S1: Side Right, Behind, Side Shuffle, Cross Rock-Recover, Shuffle ¼ Left

- 1 - 2 Step Right side right (1), Step Left behind right (2)
- 3 & 4 Step Right side right (3), Step Left beside right (&), Step Right side right (4) Lasso motion right arm
- 5 - 6 Cross/Rock Left over right (5), Recover on Right (6)
- 7 & 8 Step Left ¼ left (7), Step Right beside left (&), Step Left forward (8) Lasso motion right arm

S2: Weave Right, Side Rock, Recover ¼ Left, Walk-Walk

- 1 - 4 Step Right side right (1), Step Left behind right (2), Step Right side right (3), Cross Left over right (4)
- 5 - 6 Rock Right side right (5), Recover ¼ turn left on Left (6)

Option: roll hips CCW 2 counts 6:00

- 7 - 8 Walk forward Right (7), Left (8) Option: roll hips CCW 2 counts

S3: Side Right, Behind, Side Shuffle, Cross Rock-Recover, Shuffle ¼ Left

- 1 - 2 Step Right side right (1), Step Left behind right (2)
- 3 & 4 Step Right side right (3), Step Left beside right (&), Step Right side right (4) Lasso motion right arm
- 5 - 6 Cross/Rock Left over right (5), Recover on Right (6)
- 7 & 8 Step Left ¼ left (7), Step Right beside left (&), Step Left forward (8) Lasso motion right arm

S4: Weave Right, Side Rock, Recover ¼ Left, Walk-Walk

- 1 - 4 Step Right side right (1), Step Left behind right (2), Step Right side right (3), Cross Left over right (4)
- 5 - 6 Rock Right side right (5), Recover ¼ turn left on Left (6) 12:00
- 7 - 8 Walk forward Right (7), Left (8)

S5: Side Shuffle Right, Rock Back-Recover, Side Shuffle Left, Rock Back-Recover

- 1 & 2** Step Right side right (1), Step Left beside right (&), Step Right side right (2)
- 3 - 4** Rock back on Left (3), Recover onto Right (4)
- 5 & 6** Step Left side left (5), Step Right beside left (&), Step Left side left (6)
- 7 - 8** Rock back on Right (7), Recover on Left (8)

S6: Step Forward, Pivot ¼ Turn Left (x2), Jazz Box

- 1 - 4** Step fwd. Right (1), Pivot ¼ left- weight Left (2), Step fwd. Right (3), Pivot ¼ left- weight Left (4) 6:00
- 5 - 8** Cross Right over left (5), Step back on Left (6), Step Right side right (7), Cross Left over right (8)

S7: Side Shuffle Right, Rock Back-Recover, Side Shuffle Left, Rock Back-Recover

- 1 & 2** Step Right side right (1), Step Left beside right (&), Step Right side right (2)
- 3 - 4** Rock back on Left (3), Recover onto Right (4)
- 5 & 6** Step Left side left (5), Step Right beside left (&), Step Left side left (6)
- 7 - 8** Rock back on Right (7), Recover on Left (8)

S8: Step Forward Right, Pivot ½ Turn Left, Stomp Right-Left, Bump Hips Right Twice, Bump Hips Left Twice

- 1 - 4** Step forward Right (1), Pivot ½ turn left (2), Stomp Right (3), Stomp Left (4)
- 5 - 8** Bump hips Right - twice (5-6), Bump hips Left - twice (7-8) 12:00

Over For Tag Info>>>>>>>>>>

#16 count tag: (happens one time on the 2nd wall, after the first 32 counts - facing 12:00).

Then Restart from the beginning of the dance.

TS1: Step Toe-Heel Forward - Right, Step Toe-Heel Forward Left, Bump Hips R-L-R-L

- 1 - 4** Step Right toe fwd. right (1), Drop Right heel (2), Step Left toe fwd. Left (3), Drop Left heel (4)
- 5 - 8** Bump hips Right (5), Left (6), Right (7), Left (8)

TS2: Step Toe-Heel Back - Right, Step Toe-Heel Back Left, Bump Hips R-L-R-L

- 1 - 4** Step Right toe back right (1), Drop Right heel (2), Step Left toe back Left (3), Drop Left heel (4)
- 5 - 8** Bump hips Right (5), Left (6), Right (7), Left (8)

See demo video for other Tag options, or create your own 16 count Tag

(Making sure that you stay on the 12:00 wall to keep it a 1 wall dance).....just have fun!!

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