

My Beautiful Life

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Count: 64

Wall: 2

Level: Intermediate

Choreographer: Roosamekto Mamek , Indonesia & Mayee Lee , Malaysia (September' 2016)

Music: Beautiful Life by Sasha Lopez feat. Tony T & Big Ali

Intro: 48 counts

Choreographer's Note: The music used has been edited at Introduction. The Original music is longer by 56 counts.

S1: ROCK FORWARD, RECOVER, TOGETHER, FORWARD, PIVOT 1/2 TURN LEFT

- 1-2& Rock R forward - Recover on L - Step R together
3-4& Rock L forward - Recover on R - Step L together
5-8 Step R forward - Turn ½ left - Step R forward - Turn ½ left (12.00)

S2: HEEL JACK, BALL CROSS, BACK TURN 1/4 RIGHT, SIDE, CROSS SHUFFLE

- 1-2& Step R to side - Cross L behind R - Step R to side
3&4 Touch L heel forward - Step L together - Cross R over L
5-6 Turn ¼ right step L back - Step R to side
7&8 Cross L over R - Step R to side - Cross L over R (3.00)

S3: SIDE ROCK, RECOVER, BEHIND, SIDE, CROSS

- 1-2 Rock R to side - Recover on L
3&4 Cross R behind L - Step L to side - Cross R over L
5-6 Rock L to side - Recover on R
7&8 Cross L behind R - Step R to side - Cross L over R (3.00)

S4: SIDE ROCK, RECOVER, TOGETHER, JAZZ BOX

- 1-2& Rock R to side - Recover on L - Step R together
3-4& Rock L to side - Recover on R - Step L together
5-8 Cross R over L - Step L back - Step R to side - Step L forward (3.00)

Note: (Tag & Restart) happen here on wall 5

S5: ROCK FORWARD, RECOVER, SHUFFLE 1/2 TURN RIGHT, FORWARD, RECOVER, HEEL & HEEL

- 1-2** Rock R forward – Recover on L
- 3&4** Turn ¼ right step R to side – Step L together – Turn ¼ right step R forward
- 5-6** Rock L forward – Recover on R
- &7&8** Step L back – Touch R heel forward – Step R beside L – Touch L heel forward - 9.00

S6: TOGETHER, ROCK FORWARD, RECOVER, BACK SHUFFLE, FULL TURN LEFT, ¼ TURN L SIDE SHUFFLE

- &12** Step L beside R – Step R forward – Recover on L
- 3&4** Step R back – Step L on ball in front of R – Step R back
- 5-6½ turn L step L forward – ½ turn L step R back - 9.00**
- 7&8¼ turn L step L to L – Step R beside L – Step L to L - 6.00**

S7 : CROSS, SIDE , SAILOR STEP, CROSS, SIDE, SAILOR STEP,

- 1-2** Cross R over L – Step L to L
- 3&4** Step R behind L – Step L on ball beside R – Step R to R
- 5-6** Cross L over R – Step R to R
- 7&8** Step L behind R – Step R on ball beside L – Step L to L - 6.00

S8 : R BOTAFOGO, L BOTAFOGO, JAZZ BOX

- 1&2** Cross R over L – Step L to L – Recover on R
- 3&4** Cross L over R – Step R to R – Recover on L
- 5 - 8** Cross R over L – Step L back – Step R to side – Step L forward - 6.00

Tag & Restart : During wall 5 (12.00), dance 32 counts, add 4 counts Tag & Restart facing 12.00

- 1 - 4** Step R to R – ¼ turn L recover on L – Step R forward – Step L forward

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