

# Pampoen [Pumpkin]

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**Count:** 64      **Wall:** 4      **Level:** Improver

**Choreographer:** Martie Papendorf . South Africa. Oct 2014.

**Music:** Pampoen - Steve Hofmeyr. (Toeka Ma Local). [4.07 - 120 bpm]

**Intro.: 16 counts [+/- 8 sec.] to start on vocals.**

**S1: Rock back, Recover, R fwd shuffle, L cross shuffle, Step, Pivot ¼ left**

- 1,2      Rock R back, Recover L fwd,  
3&4      Step R fwd, Step L next to R, Step R fwd,  
5&6      Step L across R, Step R behind L, Step L across R,  
7,8      Step R fwd, Make a pivot turn ¼ left [weight to L] [9.00]

**S2: Behind, Side, Cross, Chasse ¼ left, Step, Pivot ¼ left, Fwd shuffle**

- 1&2      Cross R behind L, Step L to left side, Step R across L,  
3&4      Step L to left side, Close R to L, Step L fwd making a ¼ turn left, [6.00]  
5,6      Step R fwd, Make a pivot turn ¼ left [weight to L] [3.00]  
7&8      Step R fwd, Step L next to R, Step R fwd [3.00]

**S3: Rocking chair, Step, Pivot ½ right, Shuffle ½ right**

- 1,2,3,4      Rock L fwd, Recover back onto R, Rock L back, Recover R fwd,  
5,6      Step L fwd, Pivot ½ right [weight to R],[9.00]  
7&8      Step L back making a ½ turn right, Step R across L, Step L back [3.00]

**S4: Shuffle diagonal back R, L, Rock back, Recover fwd, Fwd shuffle**

- 1&2      Step R back to right diagonal, Step L next to R, Step R back to right diagonal  
3&4      Step L back to left diagonal, Step R next to L, Step L back to left diagonal,  
5,6      Rock R back, Recover L fwd,  
7&8      Step R fwd, Step L next to R, Step R fwd [3.00]

**S5: Cross strut, Side strut, Cross, Side, Coaster ¼ left**

- 1,2      Touch L across R, Step L across R,  
3,4      Touch R to right side, Step R to right side,

- 5,6 Step L across R, Step R to right side,  
7&8 Step L behind R making a ¼ turn left, Rock R to right side, [12.00] Recover L to left side [12.00]

### **S6: Cross strut, Side strut, Cross shuffle, Side together fwd**

- 1,2 Touch R across L, Step R across L,  
3,4 Touch L to left side, Step L across R,  
5&6 Step R across L, Step L to left side, Step R across L,  
7&8 Step L to left side, Step R next to L, Step L fwd [12.00]

### **S7: Fwd, 3 swivels ¼ left, Side, Behind, Chasse ¼ left**

- 1,2,3,4 Step R fwd, Swivel R 3x making a ¼ turn left [weight to R], [9.00]  
5,6 Step L to left side, Cross R behind L,  
7&8 Step L to left side, Step R next to L, Step L fwd making a ¼ turn left [6.00]

### **S8: Side ¼ left, Behind, Chasse right, Rock across, Recover back, Sailor ½ left**

- 1,2 Step R to right side making a ¼ turn left, Cross L behind R, [3.00]  
3&4 Step R to right side, Step L next to R, Step R to right side, [3.00]  
5,6 Rock L across R, Recover R back,  
7&8 Swing and step L behind R making a ¼ turn left, Rock R to right side making a ¼ turn left, Recover L to left side [9.00]

### **Tag: At end of wall 3 facing 3.00-**

### **Fwd, Touch, Back, Touch, Back, Touch, Back, Touch**

- 1,2,3,4 Step R fwd to right diagonal, Touch L to R, Step L back to left diagonal, Touch R to L,  
5,6,7,8 Step R back to right diagonal, Touch L to R, Step L back to left diagonal, Touch R to L

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