

Lay Down and Dance

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Count: 32 **Wall:** 4 **Level:** Novice

Choreographer: Fiona Murray (IRL), Roy Hadisubroto (NL) October 2016

Music: Baby, Lay Down and Dance by Garth Brooks

Intro: Start after 32 counts of intro music

Sequences: Dance, Tag (2x) Dance, Tag (2x) Dance, Dance, Tag (1x) Dance, Dance, Dance Tag (3x)

[1 - 8] Dorothy Step, Extended Lockstep, Syncopated Jazzbox, ¼ Turn R

- 1 - 2 &** Step R diagonally forward (1), Cross L behind R (2), Step R diagonally forward (&) 12:00
- 3 & 4 &** Step L diagonally forward (3), Cross R behind L (&), Step L diagonally forward (4), Cross R behind L (&) 12:00
- 5 - 6** Step L diagonally forward (5), Cross R over L (6) 12:00
- 7 & 8** Step L backwards (7), Turn ¼ R and Step R to R side (&), Cross L over R (8) 3:00

[9 - 16] Touch Side, Cross, Touch Side, Cross, Heel Switches, Swivel

- 1 - 2** Touch R to R side (1), Cross R over L (2) 3:00
- 3 - 4** Touch L to L side (3), Cross L over R (4) 3:00
- 5 & 6 &** Touch R heel forward (5), Step R next to L (&), Touch L heel forward (6), Step L next to R (&) 3:00
- 7 & 8** Touch R forward (7), Swivel both heels to R (&), Swivel both heels back to centre (8) 3:00

[17 - 24] Touch Back, ½ Turn R, Step, 1/4 Turn R, Side Mambo Cross (2x), Heel Jack, Ball Step

- 1 - 2** Touch R backward (1), Turn ½ R and step R forward (2) 9:00
- 3 & 4** Turn ¼ R and Rock L to L side (3) Recover on R (&), Cross L over R (4) 12:00
- 5 & 6** Rock R to R side (5), Recover on L (&), Cross R over L (6) 12:00
- & 7 & 8** Step L to L side (&), Touch R heel diagonally forward (7), Step R next to L (&), Step L forward (8) 12:00

[25 - 32] Brush, Hitch, Step Back, Brush, Hitch, Step, Back, ¼ Turn R, Knee Pops

- 1 & 2** Brush R forward (1), Hitch R Knee up (&), Step R backwards (2) 12:00

- 3 & 4** Brush L forward (3), Hitch L Knee up (&), Step L backwards (4) 12:00
- 5 - 6** Turn $\frac{1}{4}$ R and step R to R side, keep weight in the middle (5), Pop both knees (6) 3:00
- 7 - 8** Pop both knees (7), Pop both knees (8) 3:00

Note The brush, hitch, step, back (count 1 - 4 of the last section) can be done while hopping on the standing leg.

Tag:

- 1 - 8** Shuffle, Shuffle, Turn $\frac{1}{2}$ L, Kick Ball Change
- 1 & 2** Step R forward (1), Close L behind R (&), Step R forward (2) 12:00
- 3 & 4** Step L forward (3), Close R behind L (&), Step L forward (4) 12:00
- 5 - 6** Step R forward (5), Turn $\frac{1}{2}$ L and step L forward (6) 6:00
- 7 & 8** Kick R forward (7), Step R next to L on ball of R (&), Step L next to R (8) 6:00

Note The very last time doing the Tag turn $\frac{1}{4}$ L to finish at 12:00

Order of dance Dance, Tag (2x) Dance, Tag (2x) Dance, Dance, Tag (1x) Dance, Dance, Dance Tag (3x)

START AGAIN AND HAVE FUNNNN