

FEEL FREE

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Count: 64 **Wall:** 2 **Level:** intermediate

Choreographer: Craig Bennett , Kate Sala & Johnny Two-Step

Music: I Wish I Knew How It Would Feel To Be Free by Sharlene Hector

WALK, WALK, MAMBO STEP, SWEEP BACK, SWEEP BACK, TOUCH, UNWIND ½ TURN

- 1-2 Walk forward on right, left
- 3&4 Rock forward on right, rock back on left, step back on right
- 5-6 Sweep step left round from front to back, repeat with right
- 7-8 Touch left toe behind right, unwind ½ turn left, (weight ending on left)

WALK, WALK, MAMBO STEP, SWEEP BACK, SWEEP BACK, TOUCH, UNWIND ¼ TURN

- 1-2 Walk forward on right, left
- 3&4 Rock forward on right, rock back on left, step back on right
- 5-6 Sweep step left round from front to back, repeat with right
- 7-8 Touch left toe behind right, unwind ¼ turn left, (weight ending on left)

CROSS, SIDE, SAILOR STEP, CROSS, ½ TURN INTO CHASSE

- 1-2 Cross step right over left, step left to left side
- 3&4 Cross step right behind left, step left to left side, step right in place
- 5-6 Cross step left over right, turn ¼ left stepping back on right
- 7&8 Turn ¼ left stepping left to left side, step right next to left, step left to left side

CROSS, SIDE, SAILOR STEP, CROSS, ¼ TURN, TRIPLE ¾ TURN

- 1-2 Cross step right over left, step left to left side
- 3&4 Cross step right behind left, step left to left side, step right in place
- 5-6 Cross step left over right, turn ¼ left stepping back on right
- 7&8 Triple ¾ turn left on left, right, left

ROCK STEP, SHUFFLE ½ TURN, ROCK STEP, SHUFFLE

- 1-2 Rock forward on right, rock back on left
- 3&4 Shuffle ½ turn right on right, left, right
- 5-6 Rock forward on left, rock back on right

7&8 Shuffle forward on left, right, left

ROCK STEP, TRIPLE $\frac{3}{4}$ TURN, ROCK STEP, COASTER CROSS

1-2 Rock forward on right, rock back on left

3&4 Triple step $\frac{3}{4}$ turn right on right, left, right

5-6 Rock forward on left, rock back on right

6&8 Step back on left, step right next to left, cross step left over right

SWAY RIGHT, LEFT, BEHIND SIDE CROSS, SWAY LEFT, RIGHT, BEHIND SIDE CROSS

1-2 Step right to right side swaying hips right, sway hips left

3&4 Cross step right behind left, step left to left side, cross step right over left

5-6 Step left to left side swaying hips left, sway hips right

7&8 Cross step left behind right, step right to right side, cross step left over right

SIDE, TOGETHER, FORWARD, SHUFFLE, ROCK STEP, SHUFFLE $\frac{1}{2}$ TURN (8 & 1 YOU HAVE STARTED AGAIN)

1-2-3 Step right to right side, step left next to right, step forward on right

4&5 Shuffle forward on left, right, left

6-7 Rock forward on right, rock back on left

8& Turn $\frac{1}{2}$ right stepping forward on right, step left next to right

REPEAT