

I'm Good @ It

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Count: 48 **Wall:** 2 **Level:** Intermediate

Choreographer: Rep Ghazali , Scotland (Oct 2011)

Music: Good At It by Linda Teodosiu (116 bpm)

16 count intro start on vocal

[01-08] RIGHT SIDE SHUFFLE, ¼ TURN ROCK BACK, TRIPLE ½ TURN, ¼ TURN SIDE ROCK

1&2step Right to Right side, step Left together, step Right to Right side

3-4¼ turn Left rocking back on Left, recover on Right (9)

5&6triple ½ turn Right by stepping Left-Right-Left on the spot (3)

7-8¼ turn Right by rocking Right to Right side, recover on Left (6)

[09-16] CROSS-HOLD, BALL-CROSS-BALL=CROSS, LEFT TOUCH-HOLD, SIDE TOE SWITCHES

1-2cross Right over Left, hold (6)

&3&4step Left to Left side, cross Right over Left, step Left to Left side, cross Right over Left

5-6touch Left toe to Left side, hold

&7&8step forward Left, touch Right toe to Right side, step forward Right, touch Left toe to Left side (6)

(counts &7&8: travelling forward)

1st restart: 3rd wall - dance up to count 16 change weight to Left and restart from back wall

[17-24] AND-¼ MONTEREY, SIDE POINT-KICK FORWARD, BALL-POINT-¼ TURN, ROCK BACK

&1-2step Left together, point Right to Right side, ¼ turn Right by stepping Left together (9)

3-4point Left to Left side, kick Left forward

&5-6step back left, point Right to Right side, keeping weight on Left make $\frac{1}{4}$ pivot turn Right (12)

7-8rock back Right, recover on left

[25-32] STEP-HOLD, BALL-STEP-BALL-STEP, STEP-HOLD, BALL-STEP-BALL-STEP

1-2step forward Right, hold (12)

&3&4step Left together, step forward Right, step Left together, step forward Right

5-6step forward Left, hold

&7&8step Right together, step forward Left, step Right together, step forward Left (12)

2nd restart: 7th wall - dance up to count 32 and restart from front wall

[33-40] BEND KNEES- $\frac{1}{2}$ TURN KICK, BEND KNEES-KICK, BACK-BACK, ROCK BACK

1-2step Right together and bend knees, $\frac{1}{2}$ turn Left straighten up and kicking Left forward (6)

3-4step Left together and bend knees, straighten up and kicking Right forward

6th wall: add 4 count tag after count 36 and restart from back wall

5-6step back Right, step back Left

7-8rock back Right, recover on Left

[41-48] RIGHT AND LEFT HIP BUMPS, CROSS-BACK, BACK-CROSS

1&2touch Right toe diagonally forward Right: hip bumps forward, back, forward (ending weight on Right) (7.30)

3&4touch Left diagonally forward Left: hip bumps forward, back, forward (ending weight on Left) (4.30)

5-6cross Right over Left squaring to front wall, step back Left (6)

7-8step back Right, cross left over Right (6)

(Steps 5-8: travelling to the back slightly)

TAG: just shout 1-2-3-4 while you SWAY RIGHT, LEFT, RIGHT, LEFT or do what feels good to you.

add the tag at the end of 1st and 4th wall

6th wall: add the tag after count 36 and restart.

RESTART:

1st restart: 3rd wall - dance up to count 16 and restart from back wall

2nd restart: 7th wall - dance up to count 32 and restart from front wall