

# BAND OF GOLD

LINEDANCE.COM

**Count:** 40      **Wall:** 4      **Level:** beginner

**Choreographer:** Combo

**Music:** Band Of Gold by Freda Payne

## ROCK STEP, LOCK STEP LOCK, ROCK STEP, LOCK STEP LOCK

- 1-2      Rock forward on right, rock back on left
- 3&4      Step back on right, cross left over right, step back on right
- 5-6      Rock back on left, rock forward on right
- 7&8      Step forward on left, slide right behind left, step forward left

## SIDE ROCK, CROSS & CROSS, SIDE ROCK, ¼ TURN RIGHT, LEFT SHUFFLE

- 9-10      Rock to right on right foot, rock onto left
- 11&12      Cross right over left, step left to left side, cross right over left
- 13-14      Rock onto left foot, rock onto right making a ¼ turn right
- 15&16      Shuffle forward left, right, left

## ½ PIVOT TURN, FULL SPIN, SIDE BEHIND & CROSS, HOLD

- 17-18      Step forward right, pivot ½ turn left
- 19&20      Full spin turning left on a right, left, right
- 21-22      Step left to left, step right behind left
- 23&24      Step left to left, cross right over left, hold

## ROCK STEP, ¼ TURN SAILOR, ROCK STEP, ¾ TURN RIGHT

- 25-26      Rock to left on left, rock onto right
- 27&28      Step left behind right, step on right turning a ¼ turn left, step left to left
- 29-30      Rock forward on right, rock back on left
- 31&32      Make a ¾ turn right on a right, left, right

## ROCK STEP, COASTER STEP, FULL TURN PADDLE STEPS

- 33-34      Rock forward on left, rock back on right
- 35&36      Step back on left foot, step together with right foot, step forward on left
- 37      Pivot a ¼ turn left on ball of left foot as you touch right to right side

**38-39-40** Repeat step 37 to complete a full turn

**REPEAT**

---

Source: LineDance.com — [https://www.linedance.com/index.php?f=dance\\_view&id=64071](https://www.linedance.com/index.php?f=dance_view&id=64071)