

HEAD FOR THE COUNTRY

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Count: 48 **Wall:** 2 **Level:** —

Choreographer: Betty Chard

Music: Head For The Country by Craig Giles

- 1&2** Shuffle forward right-left-right
- 3-4** Turning full turn right step left-right
- 5&6** Shuffle forward left-right-left
- 7-8** Step forward onto right, rock back onto left
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- 1-2** Walk back turning $\frac{1}{2}$ turn right stepping right-left
- 3&4** Shuffle forward right-left-right
- 5-6** Step forward onto left, rock back onto right turning $\frac{1}{2}$ turn left
- 7&8** Step left-right-left on the spot
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- 1-2** Step right to side, step left across behind right
- 3&4** Step right-left-right on the spot (hitch hike right hand)
- 5-6** Step left to side, step right across behind left
- 7&8** Step left-right-left on the spot (hitch hike left hand)
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- 1-2** Paddle turn - step right forward, turn $\frac{1}{4}$ turn left weight onto left (with hip movements)
- 3-4** Paddle turn - step right forward, turn $\frac{1}{4}$ turn left weight onto left (with hip movements)
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- 1-2** Step right across in front of left, rock back onto left
- 3&4** Shuffle to the right right-left-right
- 5-6** Step left across in front of right, rock back onto right
- 7&8** Shuffle to the left left-right-left

1-2 Step forward onto right turn $\frac{1}{2}$ turn left, weight onto left

3-4 Step forward onto right turn $\frac{1}{2}$ turn left, weight onto left

1-2 Weight on right heel at 45 degrees, rock back onto left

3&4 Step right-left-right on the spot

5-6 Weight on left heel at 45 degrees, rock back onto right

7&8 Step left-right-left on the spot

REPEAT