

# Oh, No!

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**Count:** 32      **Wall:** 4      **Level:** Improver

**Choreographer:** Michael Metzger (March 2015)

**Music:** Oh, No by Marina and the Diamonds

## **[1-8] Side Step, Slide Together, Cross Rock Behind, Recover, ¼ Turn and Step Back, Syncopated ½ Turn, ¼ Turn Scissor Step**

- 1, 2**      Large step R to right, Slide L together (keeping weight on R)
- 3&4**      Cross rock L behind R, Recover to R, Turn ¼ right and step L back (3:00)
- 5&6**      Turn ¼ right and step R to side (6:00), Step L together, Turn ¼ right and step R forward (9:00)
- 7&8**      Step L forward, Pivot ¼ right and shift weight to R (12:00), Cross L over R

## **[9-16] Hip Bump, Hip Bump, Kick Ball Cross, Kick Ball Change, ½ Pivot**

- 1&2&**      Point R to side and bump hips to right, Bump hips back, Bend knees slightly to lower your body and bump hips right, Bump hips back and lift R
- 3&4**      Kick R on right diagonal, Step ball of R together, Cross L over R
- 5&6**      Kick R on right diagonal, Step ball of R together, Step L forward
- 7, 8**      Step R forward, Pivot ½ left and shift weight to L (6:00)

## **[17-24] ¼ Turn and Point, ¼ Turn and Step Down, ½ Turn and Point, Step Down, Touch Forward, Touch Back, Kick Ball Cross**

- 1, 2**      Turn ¼ left and point R to side (3:00), Turn ¼ left and take weight on R (12:00)
- 3, 4**      Turn ½ left and point L forward (6:00), Take weight on L
- 5, 6**      Touch R forward, Touch R back
- 7&8**      Kick R forward, Step ball of R together, Cross L over R

## **[25-32] Point Side, Point Forward, Point Side, Cross Behind, Point Side, ¼ Turn and Step Side, Step Together, Cross Behind, Step Side, Cross**

- 1, 2**      Point R to right, Point R forward
- 3&4**      Point R to right, Cross R behind L, Point L to side
- 5, 6**      Turn ¼ right and step L to side (9:00), Step R together
- 7&8**      Cross L behind R, Step R to side, Cross L over R

**Tag: At the end of wall 8 - Sway side to side four times**

**1, 2**      Rock onto R and sway hips to right, Rock onto L and sway hips to left

**3, 4**      Rock onto R and sway hips to right, Rock onto L and sway hips to left

**Contact: metzgersf@yahoo.com**

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