

MY RAINBOW

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Count: 32 **Wall:** 4 **Level:** Beginner level

Choreographer: DJ Dan & Wynette Miller (Feb 2006)

Music: Rock At The End Of My Rainbow by Heather Myles, CD: Highways & Honky Tonks, 170 bpm

Intro 16 counts. Start on the word ?rock?. I found a ?rock? ROCKS, SCUFF; ROCKS, SCUFF

1-4 Rock right forward. Rock left back. Rock right forward. Scuff left.

5-8 Rock left forward. Rock right back. Rock left forward Scuff right.

STEP, HOLD, 1/2 PIVOT LEFT, HOLD; STEP, HOLD, 1/4 PIVOT LEFT, HOLD

1-4 Step right forward. HOLD. Pivot 1/2 turn left. HOLD. [6]

5-8 Step right forward. HOLD. Pivot 1/4 turn left. HOLD. [3]

CROSS ROCK, SIDE, HOLD; CROSS ROCK, SIDE, HOLD

1-4 Cross rock right over left. Recover weight onto left. Step right to right side. HOLD.

5-8 Cross rock left over right. Recover weight onto right. Step left to left side. HOLD.

STEP, LOCK, STEP, SCUFF; STEP, LOCK, STEP, SCUFF

1-4 Step right forward. Lock left behind right. Step right forward. Scuff left.

5-8 Step left forward. Lock right behind left. Step left forward. Scuff right. Begin again?.and have fun.

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