

# PROMISCUOUS

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**Count:** 32

**Wall:** 4

**Level:** beginner/intermediate hip hop

**Choreographer:** Signature X

**Music:** Promiscuous by Nelly Furtado

## WALK, WALK, CHASSE LEFT, HOLD WITH HAND PUSHES

- 1-2 Step right forward, step left next to right
- 3&4 Step left to left side, step right next to left, step left next to right
- 5-8 Hold

### Option:

- 5-8 Execute hand pushes to the right then left for two sets

## WALK BACK X4, CROSS ROCK

- 1-2 Step right back, step left back
- 3-4 Repeat 1-2

### Option:

- 1-4 Execute arm roll above head, starting from right
- 5&6 Cross left over right, recover right back, step left to left side
- 7&8 Cross right over left, recover left back, step right to right side

### Option:

- 5&6-7&8 Alternate hand pumps, starting from right pump down, then left pump down. Repeat 4x of hand pumps on each sides of cross rock

## STEP LEFT FORWARD, HIP ROLL TWICE, JUMP IN, SLAM LEFT FORWARD, PRESS LEFT BACK

- 1 Step left forward (body facing 3:00, head looking 12:00)
- 2-3 Hip rolls to the right twice
- 4 Jump both feet back in standing position (facing 3:00, head facing 12:00)
- 5 Step left forward to 12:00 (body and head facing 12:00)
- 6-7 Hold
- 8 Press left behind right

**Hands option for count:**

- 6 Hands open up to both sides (like wings just beside the waistline)
- 7 Hands close towards front while body bending forward, as though in the act of diving forward
- 8 Hands open up to both sides again (hands option 6)

**STEP TOUCH, STEP PRESS, STEP TOUCH ¼ RIGHT, STEP, HOLD**

- 1-2 Step left to left side, step right next to right

**Hands option:**

- 2 Left hand points to the left, as though saying "hey you!"
- 3-4 Step right to right side, step left behind right
- 5-6 Repeat 1-2 by stepping left to left side facing 3:00
- 7 Step right to right side, heads looking at 12:00, body at 3:00
- 8 Hold, turning head towards front

**REPEAT**