

# Follow My Emotion

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**Count:** 32                      **Wall:** 4                      **Level:** Beginner

**Choreographer:** Thomas C. Tam (Can) (Feb 2010)

**Music:** Je Ne Sais Quoi by Hera Bjork

**Intro: 32 counts, start on lyric**

**HEEL, HOLD, BALL, CROSS, SIDE; BEHIND, SIDE, CROSS, RECOVER**

- 1-2            Touch right heel forward facing right diagonal, hold
- &3-4        Touch R next to L, cross L over R, step R to right side
- 5-6            Step L behind R, step R to right side
- 7-8            Cross L over R, recover on R

**SHUFFLE ¼ TURN LEFT, PIVOT ¼ TURN LEFT; LEFT WEAVE, POINT**

- 1&2            Step L to left side, step R next to L, turn ¼ left stepping L forward (9:00)
- 3-4            Step R forward, turn ¼ left with weight on L (6:00)
- 5-6            Cross R over L, step L to left side
- 7-8            Cross R behind L, point L to left side

**FORWARD, TOUCH, ¼ TURN RIGHT, TOUCH; ¼ TURN LEFT, ½ TURN LEFT, BACK, TOUCH**

- 1-2            Step L forward, touch R next to L
- 3-4            Turn ¼ right stepping R to right side, touch L next to R (9:00)
- 5-6            Turn ¼ left stepping L forward, turn ½ left stepping R back (12:00)
- 7-8            Step L back, touch R in front of L

**ROCKING CHAIR; JAZZ BOX ¼ TURN RIGHT**

- 1-2            Step R forward, recover on L
- 3-4            Step R back, recover on L
- 5-6            Cross R over L, turn ¼ right stepping L behind R (3:00)
- 7-8            Step R to right side, Cross R over L

**START AGAIN AND ENJOY THE DANCE!**

**ENDING: To face the front wall, dance the first 4 counts of the 11th Wall as:**

## **HEEL, HOLD, BALL, CROSS, ¼ TURN RIGHT**

**1-2** Touch right heel forward facing right diagonal, hold

**&3-4** Touch R next to L, cross L over R, turn ¼ right stepping R forward

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Source: LineDance.com — [https://www.linedance.com/index.php?f=dance\\_view&id=79131](https://www.linedance.com/index.php?f=dance_view&id=79131)