

BAND OF GOLD

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Count: 72 **Wall:** 1 **Level:** beginner/intermediate

Choreographer: Marina Girardi

Music: Band Of Gold by Freda Payne

- 1-4** Making $\frac{3}{4}$ turn right, step right, left, right, touch left next to right
- 5-8** Making $\frac{3}{4}$ turn left, step left, right, left, touch right next to left
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- 1-4** Step diagonally forward on right, touch left next to right, rock forward on right rock left in place
- 5-8** Step right $\frac{1}{4}$ right touch left next to right, step left $\frac{1}{4}$ left step right next to left
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- 1-4** Step diagonally forward on left, touch right next to left, rock forward on left rock right in place
- 5-8** Step left $\frac{1}{4}$ left touch right next to left, step right $\frac{1}{4}$ right step left next to right
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- 1-4** Walk forward on right, forward on left, forward on right, kick left
- 5-8** Step back on left, touch right toe back, step forward on right, kick left (Montana kick)
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- 1-4** Walk back on: left, right, left, touch right next to left
- 5-8** Step forward on right, two hip bumps (forward, back, forward, back)
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- 1-4** Step right to right, cross left over right, step right to right, step left in place
- 5-8** Step forward on right, step left in place, step right $\frac{1}{2}$ turn right, step left next to right
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- 1-4** Step right to right, cross left over right, step right to right, step left in place
- 5-8** Step forward on right, step left in place, step right $\frac{1}{2}$ turn right, step left next to right

1-4 Walk forward twisting your hips: step right in front of left, step left in front of right, repeat

5-8 Step back on right, step back on left, shuffle back right, left, right

1-4 Step back on left, step right in place, triple step left, right, left

5-8 Rock forward on right, step left in place, rock back on right, step left in place

REPEAT