

# Hurtin' On Me

LINEDANCE.COM

**Count:** 64      **Wall:** 2      **Level:** High Improver

**Choreographer:** Nicola Lafferty (Nov 2014)

**Music:** Hurtin' on Me by Chris Carmack. Album: The Music of Nashville, Season 2, Volume 2, Deluxe

## **Intro: Begin on main vocals (approx 16 secs from start)**

### **[1-8] 2 Stomps, 2 Side Touches, 2 Stomps**

- 1,2      Stomp RF in place, Stomp LF next to RF
- 3,4      Touch RF to R side, Close RF to LF
- 5,6      Touch LF to L side, Close LF to RF
- 7,8      Stomp RF in place, Stomp LF next to RF

### **[9-16] 2 Toe Struts Fwd, Rock Fwd, Recover, Back**

- 1,2      Touch R toe fwd, Drop R heel
- 3,4      Touch L toe fwd, Drop L heel
- 5,6      Rock RF fwd, Recover weight to LF
- 7,8      Step RF back, Hold

### **[17-24] 2 Quick Walks Back, 2 Slow Walks Back, Back, Close**

- 1,2      Walk Back LF, Walk back RF (Q,Q)
- 3,4      Walk back LF, Hold (S)
- 5,6      Walk back RF, Hold (S)
- 7,8      Walk back on LF, Close RF to LF (Q,Q)

### **[25-32] 2 Slow Walks Fwd, Step 1/4 Pivot, Cross**

- 1,2      Step LF fwd, Hold (S)
- 3,4      Step RF fwd, Hold (S)
- 5,6      Step LF fwd, ¼ pivot turn to R (face 3.00) (Q,Q)
- 7,8      Cross LF over RF, Hold (S)

### **[33-40] Step Together, Step Touch, Step Touch, Step Brush**

- 1,2,3,4      Step RF to R side, Close LF to RF, Step RF to R side, Touch LF next to RF

**5,6** Step LF to L side, Touch RF next to LF

**7,8** Step RF to R side, Brush LF fwd

### **[41-48] Cross Strut, Side Strut, Side Shuffle**

**1,2** Cross L toe over RF, Drop L heel

**3,4** Touch R toe to R side, Drop R heel

**5,6,7,8** Step LF to L side, Close RF to LF, Step LF to L side, Hold

### **[49-56] Stomp & Fan**

**1,2,3,4** Stomp RF fwd, Fan R foot to R, to L, to Centre

**5,6,7,8** Stomp LF fwd, Fan L foot to L, to R, to Centre

### **[57-64] Rock, Recover, ¼ Turn Close, Heel Digs x2**

**1,2** Rock RF fwd, Recover weight to LF

**3,4** Make ¼ turn to R as you step RF to R side, Close LF to RF

**5,6** Touch R heel fwd, close RF to LF

**7,8** Touch L heel fwd, Close LF to RF

### **Begin again**

**Contact: [nicola.h.lafferty@gmail.com](mailto:nicola.h.lafferty@gmail.com)**