

Love Lifted Me

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Count: 60

Wall: 4

Level: Intermediate

Choreographer: Theresa Needham

Music: Kenny Rogers - Love lifted me. CD. Very best of Kenny Rogers. 107 BPM.

12 Count intro

Alternatives - Tania Kernaghan - The last great romantic. CD. Living the dream. 105 BPM. 12 count Intro

And. Leo Sayer - When I need you. CD. Endless Journey. 110 BPM. Start on vocals

TWINKLES L. & R. WALTZ FORWARD 1/8 TURN R. WALTZ BACK 1/8 TURN R.

1 - 2 - 3 (Moving forwards) cross L over R, step R to R side, step L in place

4 - 5 - 6 Cross R over L, step L to L side, step R in place

7 - 8 - 9 Making 1/8 turn R, waltz forward

10 - 11 - 12 Making 1/8 turn R, waltz back

WALTZ FORWARD 1/8 TURN R, WALTZ BACK 1/8 TURN R, TWINKLES L. & R.

1 - 2 - 3 Making 1/8 turn R, waltz forward

4 - 5 - 6 Making 1/8 turn R, waltz back

7 - 8 - 9 Cross L. over R. step R. to R. side step L. in place

10 - 11 - 12 Cross R. over L. step L. to L. side, step R. in place

STEP, SWEEP 1/2 TURN L, HITCH, STEP LOCK STEP R & L, FORWARD ROCK RECOVER STEP BACK

1 - 2 - 3 Stepping forward on L, sweep 1/2 turn L, hitch R

4 - 5 - 6 Step forward on R, lock L, behind R, step forward on R.

7 - 8 - 9 Step forward on L, lock R, behind L, step forward on L

10 - 11 - 12 Rock forward on R, recover onto L, step back on R

STEP BACK L, HEEL TAPS X2, STEP BACK R, HEEL TAPS X2, 1/2 TURN L, WALTZ BACK

1 - 2 - 3 Step back on L, tap R, heel forward twice

4 - 5 - 6 Step back on R, tap L, heel forward twice

7 - 8 - 9 Step forward on L, making $\frac{1}{2}$ turn L, step back on R, step L in place

10 - 11 - 12 Step back on R, step L beside R, step R, in place

**STEP BACK ON L, HEEL TAPS X2, STEP BACK ON R, HEEL TAPS X2, STEP $\frac{1}{4}$ TURN L,
FORWARD FULL TURN R,**

1 - 2 - 3 Step back on L, tap R, heel forward twice

4 - 5 - 6 Step back on R, tap L, heel forward twice

7 - 8 - 9 Step forward on L making $\frac{1}{4}$ turn L, step R beside L, Step L in place

10 - 11 - 12 Forward full turn R

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