

Hold On 4

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Count: 48

Wall: 4

Level: Intermediate

Choreographer: Judy Cain

Music: You Should Be Dancing by the Bee Gees

2 COUNTS VINE BALL CHANGE HOLD, 2 SAILOR SHUFFLES

1-2 Step R to right, L behind R,

& 3 4 Step R to right & L to left, hold 4 (for style this can face 1:30 & return to 12:00 on 5)

5 & 6 R behind L, L to left, R in place

7 & 8 L behind R, R to right, L in place

¼ PIVOT BALL CHANGE HOLD, TRAVELING BALL CHANGE WITH HIPS

1-2 R forward, ¼ left turn step on L,

& 3 4 Step R beside left & L to left, hold

&5 Step R beside L pushing hips to left & L to left pushing hips to right

&6 hips L & R,

&7 Step R beside L pushing hips to left & L to left pushing hips to right,

&8& hips L, R, L

***Restart on wall 4**

SIDE SHUFFLE STEP HOLD, HIPS

1 & 2 R to right, L beside right, R to right

3 4 step L front of right, hold

5-8 Push hips forward, back, forward, back

SIDE SHUFFLE STEP HOLD, HIPS

1 & 2 L to left, R beside left, L to left

3 4 step R front of left, hold

5-8 circle hips counter clockwise 2 times, weight ends on L

SHUFFLE FORWARD STEP HOLD

1 & 2 R forward, L beside right, R forward

3 4 Step L forward hold

5 & 6 R forward, L beside right, R forward

7 8 Step L forward hold

ROCK RECOVER ½ TURN HOLD, ROCK STEP COASTER

1-4 R forward, L in place, ½ right turn, step R forward, hold 4

5-8 L forward, R in place, L back, R beside L, L forward.

Start over

If using the suggested music there is a restart on the 4th wall after the first 16 counts

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