

# ALL THIS TIME

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**Count:** 32

**Wall:** 4

**Level:** intermediate

**Choreographer:** Lu Olsen

**Music:** All This Time by Michelle McManus

**Count the very first 4 beats of the music for a lead in (1&2&3&4&), then start the dance on the word "there" in the phrase "this time you're still there".**

## WALL 1 ONLY

- 1&2&** Right forward,  $\frac{1}{2}$  right pivot on ball of right foot while swinging & straighten left leg back, left beside right, right beside left
- 3&4** Left forward,  $\frac{3}{4}$  left pivot on ball of left foot while swinging & straighten right leg back, right beside left
- &** Left beside right (now facing 9:00)

**Leave out counts 5-8&. Continue dance from count 9-32& (9:00)**

## ALL OTHER WALLS

**RIGHT FORWARD,  $\frac{1}{2}$  TURN AND LIFT/SWING LEG (LIKE A PENDULUM), SIDE, TOGETHER, (REPEAT WITH LEFT), LUNGE RIGHT OVER LEFT, REPLACE,  $\frac{1}{4}$  RIGHT,  $\frac{1}{4}$  RIGHT, BACK,  $\frac{1}{2}$  LEFT, FORWARD,  $\frac{1}{4}$  LEFT**

- 1&** Right forward,  $\frac{1}{2}$  right pivot on ball of right while swinging & straighten left leg back
- 2&** Left beside right, right beside left. 6:00
- 3&** Left forward,  $\frac{1}{2}$  left pivot on ball of left while swinging & straighten right leg back
- 4&** Right beside left, left beside right 12:00
- 5&** Lunge right over left (bend left knee and slightly lift left off floor), replace weight on left

**6&7& $\frac{1}{4}$  Right turn and right forward,  $\frac{1}{4}$  right turn left to left, right back,  $\frac{1}{2}$  left turn left forward**

- 8&** Right forward,  $\frac{1}{4}$  left turn left slightly forward. 9:00

**FORWARD, BACK, BACK CROSS, OVER, BACK DIAGONAL, BACK, RIGHT BESIDE, FORWARD AND SWEEP, FORWARD AND SWEEP, FORWARD COASTER, BACK**

- 1-2** Rock right forward, left back

- &3&4&** Right back at right diagonal, cross left over right, right back at right diagonal, left back at left diagonal, right beside left
- 5-6** Left forward and sweep right forward in front left, right forward and sweep left forward in front right
- 7&8&** Left forward, right beside left, left back, right back 9:00

**BACK, FORWARD, ½ TURN STEP BACK, BACK, FORWARD, ½ TURN STEP BACK, TOE BACK, ½ TURN HOOK, FORWARD, TOGETHER, FORWARD COASTER, RIGHT BESIDE LEFT**

- 1-2** Rock left back while raising right toe, right forward

**&3-4½ right turn & step back on left, rock right back while raising left toe, left forward & ½ left turn and step right back**

- 5&6&** Touch left toe back, ½ left pivot on right foot and hook left over right, left forward, right beside left

**7&8&(Forward left coaster) left forward, right beside left, left back, right beside left, 3:00**

**SWAY LEFT, RIGHT AND HITCH LEFT, ¼ TURN SHUFFLE, ¾ SPIN, RIGHT TO RIGHT SWAY RIGHT, LEFT AND HITCH RIGHT, SIDE SHUFFLE, ½ HINGE AND STEP LEFT TO LEFT**

- 1-2** Sway hips left, sway hips right and hitch left
- 3&4&** Left to left, right beside left, ¼ left turn and step left forward, ¾ left spin on ball of left foot
- 5-6** Step right to right and sway hips right, sway hips left with hitch right
- 7&8&** Right to right, left beside right, right to right, ½ right hinge on right foot and step left to left 9:00

**REPEAT**

**ENDING**

**On wall 8, dance to count 18 and add:**

- &19-20** Left beside right, right forward, left beside right