

Feel the Freedom

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Count: 32

Wall: 2

Level: Novice - WCS

Choreographer: Barbara Seelt (Oct 2014)

Music: 'The Freedom Song' by Jason Mraz

[1-8] Walk R L, Rock Recover, Full Turn L, $\frac{3}{4}$ L Cross Shuffle

1, 2step RF forward, step LF forward

3&4rock RF forward, recover on LF, step RF back

5, 6turn $\frac{1}{2}$ L whilst stepping LF forward, turn $\frac{1}{2}$ L whilst stepping RF behind

7&8turn $\frac{3}{4}$ L whilst crossing LF over RF, step RF to R, cross LF over RF (3:00)

[9-16] Touch, Step, Hitch, Jazz Box $\frac{1}{4}$ L, Hold, $1\frac{1}{4}$ R

1, 2touch RF to R, cross RF over LF (facing slightly to 1:30)

3hitch L knee whilst turning $\frac{1}{4}$ R (facing slightly to 4:30)

4&cross LF over RF, angle up to 3:00 whilst stepping back on RF

5, 6turn $\frac{1}{4}$ L step LF to L, hold (angle up to 12:00, RF slightly pointed)

7, 8turn $\frac{1}{4}$ R step RF forward, full turn R whilst stepping LF next to RF

(optional steps counts 7, 8: turn $\frac{1}{4}$ R step RF forward, step LF next to RF)

[17-24] Hip Bumps $\frac{1}{2}$ L, Hip Bumps, Jazz Box, Weave

1&2touch RF forward bump R hip up, start turning $\frac{1}{2}$ L recover weight on LF, bump R hip down whilst finishing $\frac{1}{2}$ turn (9:00)

3&4touch LF forward bump L hip up, recover weight on RF, step LF forward bump L hip down

5&6cross RF over LF, step LF back, step RF to R

7&8&cross LF over RF, step RF to R, cross LF behind RF, step RF to R

[25-32] Touch $\frac{1}{4}$ R 2x, Coaster Step Forward, Coaster Cross, Hold $\frac{3}{4}$ L

1, 2turn 1/4 R touch LF to L, turn 1/4 R touch LF to L (3:00)

3&4step LF forward, close RF next to LF, step LF behind

5&6step RF behind, close LF next to RF, cross RF over LF

7&8hold and turn slowly 3/4 L ending up at [6:00]

Contact: barbaraseelt@live.nl

Source: LineDance.com — https://www.linedance.com/index.php?f=dance_view&id=100601