

Mayhem

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Count: 32 **Wall:** 4 **Level:** Intermediate

Choreographer: Gabrielle Hancock, (Jan 2011)

Music: 'Inside Out', (Latin Mix Single) by Imelda May vs. Blue Jay

(INTRO. ON VOCALS-32 COUNT FROM HEAVY BEAT)

R HEEL & L TOE & R KICK-BALL-TOUCH & L OUT-IN-OUT-IN-L & CHASSE-TOUCH-

1&2& Tap Right Heel Forward-Step Right Beside Left-Tap Left Toes Behind Right-Step Left Beside Right-

3&4& Kick Right-Step Left Beside Right-Touch Left Beside Right-

5&6& Touch Left Toes To Side-Touch Left Beside Right, Repeat-

7&8& Side Step Left-Step Right Beside Left-Side Step Left-Touch Right Beside Left-

CHASSE QUARTER RIGHT, L STEP-PIVOT HALF-STEP, R MAMBO ROCK FORWARD, L MAMBO ROCK BACK -

9&10 Side Step Right-Step Left Beside Right-Quarter Turn Right Onto Right.

11&12 Step Forward Left-Pivot Half Turn Right Onto Right-Step Forward On Left.

13&14 Rock Forward On Right-Recover Left-Step Right Beside Left.

15&16 Rock Back On Left-Recover Right-Step Left Beside Right-

R HITCH- QUARTER LEFT x 2, RIGHT CROSS - BACK LEFT-RIGHT, ROCK BACK-RECOVER-HALF TURN LEFT, RIGHT COASTER.

&17&18 Hitch Right Knee-Quarter Turn Left Touching R Toes To Side, Repeat

19&20 Step Right Over Left-Step Back Left-Step Right To Side Of Left.

21&22 Rock Back On Left-Recover Right-Step Back Half Turn Right Onto Left Foot.

23&24 Step Back On Right-Step Left Beside Right-Step Forward On Right

TOE TAPS LEFT - RIGHT & LEFT KICK-BALL-TOUCH, SIDE TOUCHES RIGHT-LEFT & CROSS RIGHT, UNWIND HALF LEFT.

25&26& Tap Left Toes Forward-Step Forward Left-Tap Right Toes Forward-Step Forward Right-

27&28 Kick Left-Step Left Beside Right-Touch Right Beside Left

29&30& Touch Right To Side-Step Right Beside Left-Touch Left To Side-Step Left Beside Right-

31,32 Touch Right Over Left, Unwind Half Turn With Weight Onto Left.

Source: LineDance.com — https://www.linedance.com/index.php?f=dance_view&id=86175