

PON PON'S POLKA

LINEDANCE.COM

Count: 32 **Wall:** — **Level:** —

Choreographer: Jim & Judy Wells

Music: Bayou Pon Pon by Gris Gris

Position: Couple is in **Right Side-by-Side** position facing **LOD**, and using the same footwork throughout

When dancing to "Bayou Pon Pon" by Gris Gris, start with the wash board music (16 counts). CD can be ordered through email at: Gris_Gris1@FCMail.com

HEEL HOOK - HEEL IN PLACE - TOE BEHIND - HEEL SPLIT

- 1-2** Touch left heel forward - hook left heel across right ankle
- 3-4** Touch left heel forward - step left foot beside right foot
- 5-6** Touch right toe behind left - stomp right foot beside left
- 7-8** With weight on balls of both feet, push heels apart on count 7, and bring heels together on count 8, placing weight on left

ROCKING TURNS

Counts 9-16 is the fun part of the dance, so put some hip swing action in the turns

Man releases lady's right hand on count 9 and both turn to the left under their left arms, returning to right side-by-side position on count 16.

- 9-10** Step right foot forward - rock back on left, turning a $\frac{1}{4}$ turn left
- 11-12** Step right foot forward - rock back on left, turning a $\frac{1}{4}$ turn left
- 13-14** Step right foot forward - rock back on left, turning a $\frac{1}{4}$ turn left
- 15-16** Step right foot forward - rock back on left, turning a $\frac{1}{4}$ turn left

POLKA FORWARD - KICK, KICK

- 17&18** Polka forward - right, left, right
- 19&20** Polka forward - left, right, left
- 21&22** Polka forward - right, left, right
- 23-24** Kick left foot forward, twice

STOMP, STOMP - POLKA FORWARD

25-26 Stomp left foot, twice (weight on left on second stomp)

27&28 Polka forward - right, left, right

29&30 Polka forward - left, right, left

31&32 Polka forward - right, left, right

REPEAT

Source: LineDance.com — https://www.linedance.com/index.php?f=dance_view&id=34682