

Bleeding Love

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Count: 32

Wall: 2

Level: Beginner / Intermediate

Choreographer: Stacie White (UK)

Music: Bleeding Love by Leona Lewis

Dance starts 32 counts into song, when the beat kicks in

Make 1¼ Turn Left, Lunge forward, Weave, unwind sweep

- 1-2** Step L to L side, Cross R over L turning ¾ L
- &-3** Step onto L making a ¼ L turn back to the front (&), Lunge onto R, making another ¼ turn L to face 9 o'clock (3)
- 4&5** Step L behind R, Step R to R side, Cross L in front of R.
- 6-7** Unwind a full turn R, Sweeping R leg out on 7

Alternatively if you do not want to turn, you can replace steps 1-3 with

- 1-2&3** Step L to L side, Cross R over L. Step L to L side making a ¼ turn L, Lunge forward onto R.

Counts 6 and 7 can also be danced different, making the sweep on count 7 faster by dancing the weave (4&5) the same but adding an extra step cross on counts & 6, doing step to R side (&) Step L across R, Then turning and sweeping R on count 7.

R Sailor with a cross, Hip Sways/Bumps, Back rock, Hip Twist Chasse

- 8&1** Step R behind L, Step L to L side, Step R over L
- 2-3** Step onto L and Sway hips L, Sway hips R
- 4&5** Bump hips L,R,L (weight end on L)
- 6-7** Rock Back on R foot, Recover weight onto L
- 8&1** Step R forward and slightly across L, Close L to R, Step R out to R side

Pivot turn Locking shuffle or turn, Mambo steps

- 2-3** Cross L over R and pivot a ¾ turn R (weight ends on R)

4&5 L locking shuffle forward, stepping L, lock R behind, Step forward L

(This can also be a full turn forward stepping L,R,L)

6&7& R cross mambo, Recover L, R mambo R side, Recover onto L

8&1 R mambo to R side, Recover onto L, Step R across L

Pivot ½ Forward twinkles, Half turn twinkle

- 2-3** Step L forward and make a ½ turn pivot
- 4&5** Step L diagonally forward, Step R to R side, Close L beside R
- 6&7** Step R diagonally forward. Step L to L side, Close R beside L
- 8&1** Step L over R, Turn ½ L stepping R in place, Step L to side (1st step of dance)

Begin Again!

TAG

The tag is danced after the 3rd wall, before the 4th wall, after the chorus and is only danced once.

- 1-3** Step L to L side, Rock back R, Recover
- 4&5** Side chasse R,L,R
- 6-7** Rock forward onto L, Recover onto R
- 8&1** Side chasse L,R,L (last step of the chasses is the 1st step of the dance)