

MONGOOSE TWIST

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Count: 48 **Wall:** 2 **Level:** beginner

Choreographer: Cherie Belle Johnson & Jo Siebler

Music: The Twist by Chubby Checker

STEP TURN $\frac{1}{4}$ TURN RIGHT FOUR TIMES FOR A FULL RIGHT TURN

- 1 Step forward on ball of left foot
- 2 Turn $\frac{1}{4}$ turn right while twisting from right hip to left hip
- 3-8 Repeat 1-2 three more times until return to original wall

LEFT GRAPEVINE WITH HEEL TWISTS

- 1 Step left to the left
- 2 Cross right behind left
- 3 Step left to the left
- 4 Step right next to left
- 5-8 Twist heels to the right, left, right, left

RIGHT GRAPEVINE WITH HEEL TWISTS

- 1 Step right to the right
- 2 Cross left behind right
- 3 Step right to the right
- 4 Step left next to right
- 5-8 Twist heels to the left, right, left, right

STEP FORWARD, SLIDE, FORWARD, HITCH AND TURN $\frac{1}{2}$ TURN LEFT, STEP BACK RIGHT, LEFT, RIGHT, LEFT

- 1 Step forward on left
- 2 Slide right up to left
- 3 Step forward on left
- 4 Hitch right knee as you turn $\frac{1}{2}$ turn left on left
- 5 Step back on right
- 6 Step back on left

7 Step backward on right

8 Step left next to right

TWIST LEFT-HEELS, TOES, HEELS, CLAP, TWIST RIGHT-HEELS, TOES, HEELS, CLAP

1 Twist heels left

2 Twist toes left

3 Twist heels left

4 Clap

5 Twist heels right

6 Twist toes right

7 Twist heels right

8 Clap

TWIST HEELS LEFT, CLAP, RIGHT, CLAP, TWIST HEELS LEFT, RIGHT, LEFT, RIGHT

1 Twist heels left

2 Clap

3 Twist heels right

4 Clap

5-8 Twist heels left, right, left right

REPEAT