

fLaSh-DaNcE

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Count: 56

Wall: 2

Level: Intermediate

Choreographer: Michael Lynn (Oct 2008)

Music: "Flash In The Night" by The Attic

(48 count intro, 128bpm)

RIGHT ROCK RECOVER, SWEEP 1/2, TWIST 1/2-1/2, SWEEP 'N' PIVOT 1/2 LEFT, SHUFFLE RIGHT

- 1-2** Step right forward, rock weight back onto the left,
- 3-4** Sweep right from front to side to back right, twist 1/2 right,
- 5-6** Twist 1/2 left, sweep right & hitch into 1/2 pivot left,
- 7&8** Step forward right, close left beside right, step forward right.

STEP-PIVOT 1/2 TURN RIGHT, 1/4 LEFT-TOUCH, RIGHT CHASSE, BACK FLICK BALL-CHANGE

- 1-2** Step forward left, pivot 1/2 turn right,
- 3-4** Step left 1/4 left, touch right beside left,
- 5&6** Step right to right side, close left beside right, step right to right side,
- 7&8** Flick kick left back left, step onto left, step right in place.

RESTART: Restart dance from beginning at this point on Wall 5.

For the restart replace count 8 with a right touch beside left. Weight on left leaving right free.

KICK BALL-STEP, SPRING-SAILOR STEP, SPRING-SWEEP, SPRING-SAILOR STEP

- 1&2** Kick left forward, step left beside right, step forward right (leaning forward slightly),
- 3** Spring back onto left & sweep right forward to back,
- 4&** Continue the sweep into a sailor crossing right behind left, step left to left side,
- 5** Spring back onto right & sweep left front to back,
- 6** Spring back onto left & sweep right forward to back,
- 7&8** Finish the sweep by stepping back right, step left beside right, step forward right.

LEFT ROCK RECOVER, SHUFFLE 1/2 TURN LEFT, STEP PIVOT 1/4 TURN LEFTS x2

- 1-2 Step left forward, rock weight back onto the right,
3&4 Step left 1/4 left, close right beside left, step left 1/4 left,
5-6 Step forward right, pivot 1/4 left,
7-8 Step forward right, pivot 1/4 left while touching left beside right.

ALT: Counts 3&4 can be replaced with a 1& 1/2 triple turn left for those who like to spin! :o)

STEP PIVOT 1/4 TURN RIGHTSx2, LEFT ROCK RECOVER, STEP-CROSS-HOLD

- 1-2 Step forward left, pivot 1/4 right,
3-4 Step forward left, pivot 1/4 right,
5-6 Step left forward, rock weight back onto the right,
&7-8 Step left back, cross right over left, hold for count 8.

STEP-HEEL HOLD, STEP CROSS, UNWIND 3/4 RIGHT, RIGHT HITCH, COASTER CROSS

- &1-2 Step left to left side, touch right heel forward, hold for count 2,
&3 Step onto right, cross left over right,
4-5 Unwind 3/4 right over 2 counts,
6 Hitch right knee,
7&8 Step back right, step left beside right, cross right over left.

TOE-HEEL CROSSES x2, LEFT COASTER STEP

- 1-2 Touch right toe to left instep, touch right heel to left instep,
3-4 Cross right over left, touch left toe to right instep,
5-6 Touch left heel to right instep, cross left over right,
7&8 Step back left, step right beside left, step forward left,

TAG (danced once after wall 2)

SWAYS x2, KITCHEN STEP

- 1-2 Sway right stepping right to right side, sway left,
3&4 Hitch right, step onto right, step forward left.

NOTE: Kitchen step is just the name I use at my class for a hitch & step :o)