

# MAMA TAKE ME HOME

LINEDANCE.COM

**Count:** 32

**Wall:** 4

**Level:** beginner/intermediate

**Choreographer:** Moa Bäckström

**Music:** Mama Take Me Home by The Rednex

## STEP, STEP, ANCHOR STEP, STEP FORWARD, TURN ½, COASTER STEP

- 1-2 Right foot step forward, left foot step forward
- 3&4 Right foot rock back, left foot rock forward, right foot step back
- 5-6 Left foot step forward, right foot step back and turn ½ to left
- 7&8 Left foot step back, right foot step back, left foot step forward

## ROCK, CROSS SHUFFLE, ¼ TURN, ½ TURN, STEP CLAP, CLAP

- 1-2 Right foot rock to right and back to left foot
- 3&4 Right foot cross over left foot, step left foot to left, cross right foot over left foot
- 5-6 Left foot step back and turn ¼ to right, right foot step forward and turn ½ to right
- 7&8 Left foot step together with right foot and make to clap on &8

## STEP TO THE DIAGONAL TWICE, POINT FORWARD, STEP BACK, STEP BACK, BACK, COASTER STEP

- 1-2 Right foot step forward to right diagonal, left foot step forward to right diagonal
- 3-4 Right foot point forward, right foot step back
- 5-6 Left foot step back, right foot step back
- 7&8 Left foot step back, right foot step back, left foot step forward

## MONTEREY TURN TWICE

- 1-2 Right foot touch right toe to right side, with weight on left foot make ½ turn right and step right beside left foot
- 3-4 Touch left toe to left side, step left foot beside right
- 5-6 Right foot touch right toe to right side, with weight on left foot make ½ turn right and step right beside left foot
- 7-8 Touch left toe to left side, step left foot beside right

## REPEAT

## **TAG**

**After the 7th wall standing at 9:00**

**ROCK AND CROSS, FLICK TURN  $\frac{1}{4}$**

**1&2** Right foot rock to right, recover to left foot, right foot cross over left foot

**3&4** Left foot flick back, turn  $\frac{1}{4}$  to right, left foot step forward

**Start all over at 12:00**

**Winner of Norwegian Country Western Dance Championship 2006**

---

Source: LineDance.com — [https://www.linedance.com/index.php?f=dance\\_view&id=29960](https://www.linedance.com/index.php?f=dance_view&id=29960)