

DISCO DEFENDERS

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Count: 64

Wall: 2

Level: Intermediate

Choreographer: Peter & Alison (June 08)

Music: We Keep On Rockin' by Alcazar (CD: Absolute Music 57)

After the drums really kick in start after 16 count intro on main vocal - approximately 23 seconds into song

(1-8) R wizard, L rocking chair, L wizard

1-2& Step R forward on right diagonal, step L behind R, step R forward

3-6 Rock L forward, recover weight on R, rock L back, recover weight on R

7-8& Step L forward on L diagonal, step R behind L, step L forward

(9-16) R fwd rock & recover, R full turn back, R rock back & recover, R kick ball change

1-2 Rock R forward, recover weight on L

3-4 Turning $\frac{1}{2}$ right step R forward, turning $\frac{1}{2}$ right step L back

Easier option for 3-4: walk back 2 - R & L

5-6 Rock R back, recover weight on L

7&8 Kick R forward, step R together, step L slightly forward

(17-24) $\frac{1}{4}$ R heel grind, R coaster cross, L side rock & recover, L behind, R side, L together

1-2 Touch R heel forward, grind R heel out & turn $\frac{1}{4}$ right (weight remains on L)

3&4 Step R back, step L together, cross step R over L

5-6 Rock L side, recover weight on R

7&8 Cross step L behind R, step R side, step L slightly forward (facing 3 o'clock)

(25-32) $\frac{1}{2}$ R monterey, L side shuffle, R cross rock & recover, $\frac{1}{4}$ R shuffle

1-2 Touch R toes side, turning $\frac{1}{2}$ right step R together

3&4 Step L side, step R together, step L side

5-6 Cross rock R over L, recover weight on L

7&8 Turning $\frac{1}{4}$ right step R forward, step L together, step R forward (facing 12 o'clock)

Ending: On final wall at this point step L forward & strike a pose!

(33-40) Syncopated steps with $\frac{1}{4}$ R turn, R kick ball side touch & switches, $\frac{1}{4}$ R hook turn

- 1-2** Step L forward, touch R together
- &3&4** Turning $\frac{1}{4}$ right step R back, touch L heel forward, step L together, touch R together
- 5&6&** Kick R forward, step R together, touch L toes to side, step L together
- 7-8** Touch R toes to side, turning $\frac{1}{4}$ right hook R (facing 6 o'clock)

(41-48 R fwd shuffle, L fwd rock & recover, L coaster step, R kick ball cross

- 1&2** Step R forward, step L together, step R forward
- 3-4** Rock L forward, recover weight on R
- 5&6** Step L back, step R together, cross step L over R
- 7&8** Kick R forward, step R back, cross step L over R

Restart: DURING the 2nd wall of the dance at this point you will be facing the front. Restart here.

(49-56) $\frac{3}{4}$ R turn, R coaster, L kick & apart, R weave 2

- 1-2** Turning $\frac{1}{4}$ right step R forward, turning $\frac{1}{2}$ right step L back
- 3&4** Step R back, step L together, step R forward
- 5&6** Kick L forward, step L apart, step R slightly apart
- 7-8** Cross step L over R, step R to side (facing 3 o'clock)

(57-64) R weave 2, L cross rock & recover, $\frac{1}{4}$ L shuffle, R fwd, $\frac{1}{2}$ L pivot

- 1-4** Cross step L behind R, step R to side, cross rock L over, recover weight on R
- 5&6** Turning $\frac{1}{4}$ left step L forward, step R together, step L forward
- 7-8** Step R forward, pivot $\frac{1}{2}$ left (facing 6 o'clock)

Tags: At END of the 4th & 6th walls (you will be facing front when you execute tag) do the following before starting the dance again:

- 1-4** Step R slightly forward, hold & clap! step L slightly forward, hold & double clap!