

# Hey Ahab

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**Count:** 32                      **Wall:** 4                      **Level:** Easy Beginner

**Choreographer:** Denise Brault (3/11)

**Music:** Hey Ahab by Elton John & Leon Russell, Album: The Union [5:39]

## Country Alt: Pants by Walker Hayes, 3:32

Begin on vocals at 0:40. For Ultra Beginner 1 wall - Omit 1/4 turn.

### [1 - 8] WALK WALK WALK, TOUCH, WALK WALK WALK, TOUCH

1 - 4            Walk R, L, R, touch left toe out to side

5 - 8            Walk forward L, R, L, touch right toe out to right side

### [9 - 16] STEP BEHIND, TOUCH, STEP BEHIND, TOUCH, STEP BEHIND, TOUCH, STEP BEHIND, TOUCH

1 - 4            Step right behind left, touch left toe to left, step left behind right, touch right toe to right

5 - 8 repeat above (this 8 count sequence travels backward)

### [17 - 24] VINE RIGHT, TOUCH, SHOULDER SHRUGS

1 - 4            Step right to right, left behind right, right to right, touch left toe next to right

& 5            Shrug shoulders up turning upper body toward 10:30, push shoulders down punching right fist down in front of body, left fist in back

& 6            Shrug shoulders up turning upper body toward 2:30, push shoulders down punching left fist down in front of body, right fist in back

& 7            Shrug shoulders up turning upper body toward 10:30, push shoulders down punching right fist down in front of body, left fist in back

& 8            Shrug shoulders up turning upper body toward 2:30, push shoulders down punching left fist down in front of body, right fist in back

### [25 - 32] VINE LEFT ¼ TURN, TOUCH, SHOULDER SHRUGS

1 - 4            Step left to left, right behind left, left 1/4 forward, touch right toe next to right

& 5            Shrug shoulders up turning upper body toward 7:30, push shoulders down punching right fist down in front of body, left fist in back

- &6** Shrug shoulders up turning upper body toward 10:30, push shoulders down punching left fist down in front of body, right fist in back
- &7** Shrug shoulders up turning upper body toward 7:30, push shoulders down punching right fist down in front of body, left fist in back
- &8** Shrug shoulders up turning upper body toward 10:30, push shoulders down punching left fist down in front of body, right fist in back

**Smile and start again!**

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