

# Footsteps

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**Count:** 64

**Wall:** 4

**Level:** Intermediate

**Choreographer:** Nicola Lafferty & Rachael McEnaney (Oct 2011)

**Music:** "Footsteps (feat Wayne Rodriguez)" - Machel Montano & Xtatik

**Count In: 32 counts from when first heavy beat kicks in (Approx 143bpm)**

**Notes: There is 1 restart on the 5th wall. Start 5th wall facing 12.00, do the first 32 counts of dance & then restart facing 12.00**

**[1 - 8] Touch R, step R, Touch L, step L, R jazz box with ¼ turn R.**

**1, 2, 3, 4** Touch right foot to right diagonal (1), step in place on right (2), touch left foot to left diagonal (3), step in place on left (4)

**Styling: Make the touch with the whole of the foot so it almost looks like a stomp, as you touch pull opposite arm down as if pulling a chain in a 'pumping' action. 12.00**

**5, 6, 7, 8** Cross right over left (5), begin making ¼ turn right stepping back on left (6), complete ¼ turn stepping right to right side (7), step slightly forward on left (8) 3.00

**[9 - 16] Touch R, step R, touch L, step L, R jazz box with ¼ turn R chasse.**

**1, 2, 3, 4 REPEAT COUNTS 1 - 4 as above. 3.00**

**5, 6, 7 & 8** Cross right over left (5), begin making ¼ turn right stepping back on left (6), complete ¼ turn right stepping right to right side (7), step left next to right (&), step right to right side (8) 6.00

**[17 - 24] L cross rock, L chasse, R cross rock, R chasse with ¼ turn R.**

**1, 2, 3 & 4** Cross rock left over right (1), recover weight onto right (2), step left to left side (3), step right next to left (&), step left to left side (4) 6.00

**5 - 6** Cross rock right over left (5), recover weight onto left (6), 6.00

**7 & 8** Step right to right side (7), step left next to right (&), make ¼ turn right stepping forward on right (8) 9.00

**[25 - 32] Syncopated shuffle to L diagonal with claps, Rolling vine with ¼ turn R (or grapevine)**

**1, 2, & 3, 4** Step left forward to left diagonal (1), clap hands (2), step right next to left (&), step left forward to left diagonal (3), touch right next to left as you clap hands (4) 9.00

**5, 6, 7, 8** Make  $\frac{1}{4}$  turn right stepping forward on right (5), make  $\frac{1}{2}$  turn right stepping back on left (6), make  $\frac{1}{2}$  turn right stepping forward on right (7), step forward on left (8)

**Easy option: Step right to right side (5), cross left behind right (6), make  $\frac{1}{4}$  turn right stepping forward on right (7), step forward left (8) 12.00**

**RESTART HERE ON 5th WALL, you will be facing 12.00 to restart**

**[33 - 40] Stomp out R, stomp out L, heel toe swivels in, R side rock,  $\frac{1}{4}$  sailor step R**

**1 - 2** Stomp right foot forward to right diagonal (1), stomp left foot out to left side (2) 12.00

**3 & 4** Swivel both heels in towards each other (3), swivel both toes in towards each other (&), swivel both heels in towards each other (4) 12.00

**5 - 6** Rock right to right side (5), recover weight onto left (6) 12.00

**7 & 8** Cross right behind left (7), make  $\frac{1}{4}$  turn right stepping left next to right (&), step forward on right (8) 3.00

**[41 - 48] Kick L, step back L, look back to L bending L knee, recover weight R - repeat**

**1, 2, 3, 4** Kick left foot forward (1), step back on left (turn left foot out) (2), bend left knee as you look  $\frac{1}{4}$  turn to left (3), recover weight onto right returning body to 3.00 (4) 3.00

**5, 6, 7, 8** Repeat above counts 1 - 4 3.00

**[49 - 56] Step L,  $\frac{1}{4}$  pivot R, L cross shuffle, R side rock with  $\frac{1}{4}$  turn L, R shuffle forward**

**1, 2, 3 & 4** Step forward on left (1), pivot  $\frac{1}{4}$  turn right (2), cross left over right (3), step right to right side (&), cross left over right (4) 6.00

**5, 6, 7 & 8** Rock right to right side (5), make  $\frac{1}{4}$  turn left as you recover weight onto left (6), step forward on right (7), step left next to right (&), step forward on right (8) 3.00

**[57 - 64] Syncopated step touches travelling forward.**

**& 1 2** Step diagonally forward on left (&), touch right next to left (1), hold (2) 3.00

**& 3 4** Step diagonally forward on right (&), touch left next to right (3), hold (4) 3.00

**& 5 & 6** Step diagonally forward on left (&), touch right next to left (5), step diagonally forward on right (&), touch left next to right (6) 3.00

**& 7(&) 8 Step diagonally forward on left (&), touch right next to left (7), OPTION: Either hold on count 8, or lift heels off floor (&), return (8) 3.00**

**Styling: Pitch upper body slightly foot, push hip into weighted foot, as you touch bring opposite arm forward almost like running**

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