

# Pills & Potions

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**Count:** 32

**Wall:** 2

**Level:** Intermediate

**Choreographer:** Daan Geelen (NL) & Vincent Dijks - Versteegh (NL) Feb 2015

**Music:** Pills N Potions by Nicki Minaj (album: The Pinkprint)

**Info: Intro 8 counts**

**S1: Step Side, Syncopated Sailor With Diagonal Lock Step, Diagonal Full Triple Turn, Rock Recover, Cross, Hinge Turn**

**1RF step side**

**2LF cross behind**

**&RF step beside**

**3LF  $\frac{1}{8}$  turn left, step forward [10.30]**

**&RF lock behind**

**4LF step forward**

**5RF  $\frac{1}{2}$  turn left, step backward**

**&LF  $\frac{1}{2}$  turn left, step forward**

**6RF  $\frac{1}{8}$  turn right, cross over [12]**

**7LF side rock**

**&RF recover**

**8LF cross over**

**&RF  $\frac{1}{4}$  turn left, step backward**

**1LF  $\frac{1}{4}$  turn left, step side [6]**

**S2: Cross, Rock, Ball, Lock Step, Step Pivot  $\frac{1}{2}$ , Triple Turn  $1\frac{1}{4}$**

**2RF rock cross**

**3LF recover**

**&RF step beside**

**4LF step forward**

**&RF lock behind**

**5LF step forward**

**6RF step forward**

**7R+L  $\frac{1}{2}$  turn left**

**8RF  $\frac{1}{2}$  turn left, step backward**

**&LF  $\frac{1}{2}$  turn left, step forward**

**1RF  $\frac{1}{4}$  turn left, step side [9]**

**S3: Sailor Into Lock Step  $\frac{1}{2}$  Turn, Sweep, Cross, Lunge Side Recover  $\frac{1}{4}$  R, Step Pivot  $\frac{1}{2}$  R,  $\frac{1}{4}$  R Side**

**2LF cross behind**

**&RF step beside**

**3LF  $\frac{1}{4}$  turn left, step forward [6]**

**&RF lock behind**

**4LF  $\frac{1}{4}$  turn left, step forward**

**&RF sweep forward**

**5RF cross over**

**6LF rock/lunge side**

**7RF  $\frac{1}{4}$  turn right, recover**

**8LF step forward**

**&L+R  $\frac{1}{2}$  turn right**

**1LF ¼ turn right, step side [3]**

**S4: Sailor Step ¼ R, Walk x2, Syncopated Rock Recover ¼ L, Step Pivot ¾ L**

**2RF cross behind**

**&LF step beside**

**3RF ¼ turn right, step forward**

**4LF walk**

**5RF walk**

**6LF rock cross**

**&RF recover**

**7LF ¼ turn left, step forward**

**8RF step forward**

**&R+L ¾ turn left [6]**

**START OVER AGAIN**

**Restarts: -**

**On wall 4 and 8 after count 8 (section 1)**

**On wall 11 after count 13 (count 5, section 2), then:**

**6hold**

**start over again**