No Stress

Count: 32 **Wall:** 4 **Level:** Beginner / Intermediate

Choreographer: Andre AR, d'ULD Pusat (INA) Feb. 2011

Music: No Stress by Anggun C Sasmi

Intro: 32 Count (Start Dancing on Vocal)

BOTAFOGO X2 (R,L), FORWARD TOUCH, BACK TOUCH, ½ TURN RIGHT – SIDE TOUCH

1 & 2	Cross R over L, Step ball of L opened to side, Step R in place
3 & 4	Cross L over R, Step ball of R opened to side, step L in place
5 – 6	Touch R forward – sweep and touch R backward
7 – 8	Make an half turn Right Recover weight onto R – Touch L to side

BOTAFOGO X2 (L,R), TURN ¼ RIGHT SIDE ROCK, CROSS SHUFFLE

1 & 2	Cross L over R, Step ball of R opened to side, Step L in place
3 & 4	Cross R over L, Step ball of L opened to side, Step R in place
5 – 6	Turn ¼ Right Stepping L to left side – Recover onto R
7 & 8	Cross L over R, Step R slightly to side, cross L over R

KICK FORWARD – TOGETHER SWITCHES, KICK FORWARD TWICE, TOGETHER – KICK FWD SWITCHES, FORWARD - TOGETHER

1 & 2&	Kick R fwd, Together R beside L, Kick L fwd, Together L beside R
3 – 4	Kick R forward – Repeat
5 & 6&	Together R beside L, Kick L fwd, Together L beside R, Kick R fwd
7 – 8	Step R forward – close L together R

SIDE – CROSS BACK TOUCH -- X2 (R,L), PIVOT ½ LEFT, PRISSY WALK

1 – 2	Step R to right side – Cross touch L behind R
3 – 4	Step L to left side – Cross touch R behind L
5 – 6	Step R forward – turn ½ left Recover weight onto L
7 – 8	Cross walk forward on R – L

REPEAT

TAG: End of Wall 2, do these TAG :

SIDE TOUCH – CROSS (R,L), PIVOT ½ LEFT, PRISSY WALK

1 – 2	Touch R to side – Cross R over L
3 – 4	Touch L to side – Cross L over R
5 – 6	Step R forward – Pivot ½ left recover onto L
7 – 8	Cross walk forward on R - L

Source: LineDance.com — https://www.linedance.com/index.php?f=dance_view&id=84961