

LONG OVERDUE

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Count: 32

Wall: 2

Level: intermediate

Choreographer: Alison Brereton

Music: All Or Nothing by Athena Cage

KICK AND CROSS, STEP TOUCH, KICK BALL STEP, STEP TOUCH

- 1&2** Kick left over right, step left to place, step right over left
- 3-4** Step left to left side, touch right to place
- 5&6** Kick right diagonally forward, step right to right side, step left over right
- 7-8** Step right to right side, touch left to place

ROCK, RECOVER, STEP TURN TOUCH, SWIVEL HIPS, TRIPLE STEP TURN

- 1&2** Rock left behind right, recover on right, take a long step with left to side dragging right foot
- 3-4** Make $\frac{1}{4}$ turn right stepping back on right, touch left toe forward with a bend in your knee
- 5&6** Swivel your hips round from 4:00 to 8:00 and back again going to the left to start
- 7&8** Triple step full turn right, left, right over your left shoulder

ROCK TURN CROSS, STEP TOUCH UNWIND, POINT, VAUDEVILLE STEP

- 1&2** Rock forward on left, recover on right making $\frac{1}{4}$ turn right, cross left over right
- 3-4** Take a long step to the side with the right, slide left and touch behind right
- 5&6** Full unwind over left shoulder, point right toe to side and hold
- 7&8** Cross right over left, step back on left and touch right heel to right diagonal

& CROSS, STEP BACK, 2 X KICKS, COASTER STEP LOCK STEP HITCH STOMP

- &1** Step back on right, cross left over right
- 2** Step back on right
- 3&4** Kick left foot forward, bring it back to place without touching the floor, kick left to left side
- 5&6** Step back on left, step right to place, step forward on left
- &7&8** Lock right behind left, step forward on left, hitch right leg and stomp right to right side finishing with weight on right

REPEAT

TAG

At end of 6th wall

- 1-16** Walk left, right, step left, pivot $\frac{1}{2}$ turn, step forward left, hold, walk right, left, step right, pivot $\frac{1}{2}$ turn, step forward right, hold
- 17-24** Step left behind right, step right to right side, step forward on left, step right behind left and point left toe to left side, hold
- 25-36** Monterey full turn, kick right foot forward, step on to right and kick left foot to left side, finish with last 4 counts of main dance