

Injit Injit Semut

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Count: 64

Wall: 2

Level: Phrased Beginner

Choreographer: BM Leong (July, 2014)

Music: Injit Injit Semut by The Mercys

SOD: AABB/AABBB

Start the dance after 16 counts on the second "jalan" of lyrics.

(A)- 32 counts

RIGHT DIAGONAL SHOOP, TOUCH, LEFT SIDE MAMBO-TOUCH, HOLD

1-4 Along the right diagonal step R forward, step L beside R, step R forward, touch L together

5-8 Step L to left side, recover onto R, touch L together, hold

LEFT DIAGONAL SHOOP, TOUCH, RIGHT SIDE MAMBO-TOUCH, HOLD

1-4 Along the left diagonal step L forward, step R beside L, step L forward, touch R together

5-8 Step R to right side, recover onto L, touch R together, hold

FORWARD ROCK, BACK CHA CHA, BACK ROCK, TRIPLE 1/2 TURN RIGHT

1-2 Rock R forward, recover onto L

3&4 Cha cha backward on RLR

5-6 Rock L back, recover onto R

7&8 Triple 1/2 turn right on LRL

BACK, TOUCH, BACK, TOUCH, RIGHT & LEFT DIAGONAL FORWARD CHA CHA

1-2 Step R back diagonally, touch L together

3-4 Step L back diagonally, touch R together

5&6 Right diagonal forward cha cha with fist rolls on RLR

7&8 Left diagonal forward cha cha with fist rolls on LRL

(B)- 32 counts

HIP BUMPS WITH HAND ACTIONS

1-2 Bump hips to right side twice slapping both buttocks twice

3-4 Bump hips to left side twice touching both shoulders with fingers twice

- 5-6 Bump hips right raising hands in v-shape, bump hips left crossing wrists in front of tummy
- 7-8 Bump hips right opening crossed hands to the sides, bump hips left crossing wrists in front of tummy

RIGHT ROLLING VINE, TOUCH, LEFT VINE 1/4 TURN LEFT, TOUCH

- 1-3 Right rolling vine on RLR,
- 4 Touch L together
- 5-6 Step L to left side, cross R behind L,

7-8 1/4 turn left step L forward, touch R together

FORWARD SHIMMY, BACK SHIMMY, A-GO-GO BACK JUMP

- 1-2 Bending forward shimmy shoulders for 2 counts
- 3-4 Bending backward shimmy shoulders for 2 counts
- 5-6 Jump R backward, touch L together (use A-go-go hand actions)
- 7-8 Jump L backward, touch R together (use A-go-go hand actions)

RIGHT ROLLING VINE, TOUCH, LEFT VINE 1/4 TURN LEFT, TOUCH

- 1-3 Right rolling vine on RLR,
- 4 Touch L together
- 5-6 Step L to left side, cross R behind L,

7-8 1/4 turn left step L forward, touch R together

Contact: www.sjlinedancer.blogspot.com