

MY HEART

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Count: 56 **Wall:** 2 **Level:** intermediate

Choreographer: Chantal Gagnon

Music: If My Heart Had Wings by Faith Hill

STEP, STEP, POINT, STEP BACK, TRIPLE STEP ½ TURN LEFT, STEP RIGHT, LEFT

- 1-2** Step right foot forward, step left foot forward
- 3-4** Touch right toe behind left foot, step right foot back
- 5&6** Step left foot back in ¼ turn to left, right foot next to left, left foot next to right in ¼ turn to left
- 7-8** Step right foot forward, step left foot forward

POINT, STEP BACK, TRIPLE STEP ½ TURN LEFT, VINE RIGHT WITH KICKS LEFT

- 1-2** Touch right toe behind left foot, step right foot back
- 3&4** Step left foot back in ¼ turn to left, right foot next to left, left foot next to right in ¼ turn to left
- 5-6** Step right foot to right, cross left foot behind right
- &7-8** Step right foot to right, kick left foot twice in 45 degrees angle to left

STEP, ½ MONTEREY TURN, VINE RIGHT WITH KICKS LEFT

- &1** Step left foot next to right, point right toe to right
- 2½ turn right pivoting on left stepping right next to left**
- 3-4** Point left toe to left, step left next to right
- 5-6** Step right foot to right, cross left foot behind right
- &7-8** Step right foot to right, kick left foot twice in 45 degrees angle left

½ MONTEREY TURN, SHUFFLES FORWARD

- &1** Step left foot next to right, point right toe to right
- 2½ turn right pivoting on left stepping right next to left**
- 3-4** Point left toe to left, step left next to right
- 5&6** Step right forward, step left next to right, step right forward
- 7&8** Step left forward, step right next to left, step left forward

SAILOR SHUFFLES, KICK BALL CHANGE TWICE

- 1&2** Step right behind left, step left to left, step right to right
- 3&4** Step left behind right, step right to right, step left to left
- 5&6** Kick right foot forward, step right next to left, step left in place
- 7&8** Kick right foot forward, step right next to left, step left in place

ROCK STEP FORWARD, ½ TURN RIGHT (STEP-STEP), SAILOR SHUFFLES

- 1-2** Rock forward onto right, recover weight on left
- 3-4½ turn right pivoting on left stepping right next to left, left next to right**
- 5&6** Step right behind left, step left to left, step right to right
- 7&8** Step left behind right, step right to right, step left to left

KICK BALL CHANGE TWICE, ROCK STEP FORWARD, STEP, STEP

- 1&2** Kick right foot forward, step right next to left, step left in place
- 3&4** Kick right foot forward, step right next to left, step left in place
- 5-6** Rock forward onto right, recover weight on left
- 7-8** Step right next to left, step left next to right

REPEAT