

# MR. LONELY

LINEDANCE.COM

**Count:** 64

**Wall:** 2

**Level:** intermediate

**Choreographer:** Bill Larson

**Music:** Lonely by Akon

## STEP SLIDE SHUFFLE, TURN STEP SLIDE SHUFFLE

- 1-2 Turning  $\frac{1}{4}$  right step right forward, slide left up beside right (3:00)
- 3&4 Step right forward, slide left up beside right step right forward
- 5-6 Turning  $\frac{1}{2}$  left step left forward, slide right up beside left (9:00)
- 7&8 Step left forward, slide right up beside left step left forward

## SKATE SKATE SHUFFLE, SKATE SKATE SHUFFLE

- 1-2 Turning  $\frac{1}{4}$  right skate right forward diagonally right, skate left forward diagonally left
- 3&4 Shuffle forward diagonally right: right-left-right
- 5-6 Skate left forward diagonally left, skate right forward diagonally right
- 7&8 Shuffle forward diagonally left: left-right-left

## FORWARD ROCK TURN, CROSS BALL HEEL & CROSS BALL HEEL

- 1-2 Step right forward, rock back onto left
- 3&4 Turning  $\frac{3}{4}$  right triple step on the spot: right-left-right
- 5&6 Cross left over right, step right to side, tap left heel diagonally left
- & Step left beside right
- 7&8 Cross right over left, step left to side, tap right heel diagonally right

## & FORWARD ROCK TURN, CROSS BALL HEEL & CROSS BALL HEEL

- &1-2 Step right beside left, step left forward, rock back onto right
- 3&4 Turning  $\frac{3}{4}$  left triple step on the spot: left-right-left
- 5&6 Cross right over left, step left to side, tap right heel diagonally right
- & Step right beside left
- 7&8 Cross left over right, step right to side, tap left heel diagonally left

## & CROSS ROCK & CROSS ROCK, CROSS WEAVE & CROSS ROCK

- &1-2 Step left beside right, cross right over left, rock onto left

- &3-4** Step right beside left, cross left over right, rock weight onto right  
**&** Step left beside right  
**5&6** Cross right over left, step left to side, step right behind left  
**&7-8** Step left to side, cross right over left, rock onto left

### **CROSS ROCK & CROSS ROCK, CROSS WEAVE & CROSS ROCK**

- &1-2** Step right beside left, cross left over right, rock onto right  
**&3-4** Step left beside right, cross right over left, rock weight onto left  
**&** Step right beside left  
**5&6** Cross left over right, step right to side, step left behind right  
**&7-8** Step right to side, cross left over right, rock onto right

### **& STEP PIVOT & TURN & TURN, BACK ROCK SHUFFLE**

- &** Turning  $\frac{1}{4}$  left step left forward  
**1-2** Step right forward, pivot  $\frac{1}{2}$  turn left weight on left  
**&3** Rock back onto right with a  $\frac{1}{2}$  turn left, step left forward (push off left foot)  
**&4** Rock back onto right with a  $\frac{1}{2}$  turn left, step left forward (push off left foot)  
**&5-6** Rock back onto right, step left back, rock forward onto right  
**7&8** Shuffle forward: left-right-left

### **FORWARD ROCK 1& $\frac{1}{2}$ TURN, FORWARD ROCK BALL TURN, FULL TURN**

- 1-2** Step right forward, rock back onto left with  $\frac{1}{2}$  turn right  
**3&** Step right forward with  $\frac{1}{2}$  turn right, step left back with  $\frac{1}{2}$  turn right  
**4** Step right forward  
**5-6** Step left forward, rock back onto right  
**&** Turning  $\frac{1}{4}$  left step left to side  
**7-8** Turning  $\frac{1}{2}$  left step right to side, turning  $\frac{1}{2}$  left step left to side

### **REPEAT**