

Count: 48 **Wall:** 4 **Level:** intermediate hustle

Choreographer: Frank Cooper

Music: Do Me by Teddy Pendergrass

HEEL SWITCHES, LONG STEP FORWARD, STEP TOGETHER, HEEL SWITCHES, LONG STEP FORWARD, STEP TOGETHER

- 1&2&** Touch right heel forward, bring right foot home, touch left heel forward, bring left foot home 12:00
- 3-4** Take a big step forward on right foot, step left foot next to right
- 5&6&** Touch right heel forward, bring right foot home, touch left heel forward, bring left foot home
- 7-8** Take a big step forward on right foot, step left foot next to right 12:00

ROCK STEP, TRIPLE ½ TURN, ROCK STEP, COASTER STEP

- 9-10** Rock forward on right foot, recover onto left foot 12:00
- 11&12** Triple ½ turn right stepping right, left, right 6:00
- 13-14** Rock forward on left foot, recover onto right foot
- 15&16** Step back on left foot, step together with right foot, step forward on left foot 6:00

SIDE ROCK, CROSS SHUFFLE, VINE WITH SHUFFLE ¼ TURN

- 17-18** Rock right foot out to right side, recover onto left foot 6:00
- 19&20** Step right foot over left, step left foot to left side, step right foot over left foot
- 21-22** Step left foot to left side, step right foot behind left foot
- 23&24** Step left foot to left side, step together with right foot, step forward on left foot making a ¼ turn left 3:00

PIVOT ½ TURN, WALK, WALK, ROCK STEP, WALK, WALK ½ TURN

- 25-26** Step forward on right foot, pivot ½ turn left stepping forward on left foot 9:00
- 27-28** Step forward on right foot, step forward on left foot
- 29-30** Rock forward on right foot, recover onto left foot prepping to make ½ turn right
- 31-32** Step forward on right foot ½ turn right, step forward on left foot 3:00

**SYNCOPATED STEP TOUCH FORWARD, HOLD, SYNCOPATED STEP TOUCHES BACK,
SYNCOPATED STEP TOUCH BACK, HOLD, SYNCOPATED STEP TOUCHES FORWARD**

- &33-34** Step right foot forward on diagonal to right, touch left foot next to right, hold 3:00
- &35&36** Step left foot back on diagonal to left, touch right foot next to left, step right foot back on diagonal to right, touch left foot next to right
- &37-38** Step left foot back on diagonal to left, touch right foot next to left, hold
- &39&40** Step right foot forward on diagonal to right, touch left foot next to right, step left foot forward on diagonal to left, touch right foot next to left 3:00

**SYNCOPATED STEP TOUCH FORWARD, HOLD, SYNCOPATED STEP TOUCHES BACK,
SYNCOPATED STEP TOUCH BACK, HOLD, SYNCOPATED STEP TOUCHES FORWARD**

- &41-42** Step right foot forward on diagonal to right, touch left foot next to right, hold 3:00
- &43&44** Step left foot back on diagonal to left, touch right foot next to left, step right foot back on diagonal to right, touch left foot next to right
- &45-46** Step left foot back on diagonal to left, touch right foot next to left, hold
- &47&48** Step right foot forward on diagonal to right, touch left foot next to right, step left foot forward on diagonal to left, touch right foot next to left 3:00

REPEAT

TAG

At the end of the 8th wall, you will be facing the front wall. Repeat the last 8 counts of the dance, then add the following 8 counts for a total of a 16 count tag

**SYNCOPATED STEP TOUCH FORWARD, SYNCOPATED STEP TOUCH BACK, SYNCOPATED
STEP TOUCHES BACK**

- &1-2** Step right foot forward on diagonal to right, touch left foot next to right, hold
- &3-4** Step left foot back on diagonal to left, touch right foot next to left, hold
- &5** Step right foot back on diagonal to left, touch left foot next to right
- &6** Step left foot back on diagonal to left, touch right foot next to left
- &7** Step right foot back on diagonal to left, touch left foot next to right
- &8** Step left foot back on diagonal to left, touch right foot next to left