

**Count:** 32                      **Wall:** 2                      **Level:** Easy Intermediate

**Choreographer:** Amy Christian (Aug 2014)

**Music:** Free by Mya

**Intro: Start on Lyrics (0.36secs)**

**FWD ROCK, RECOVER, BALL STEP, FWD ROCK, RECOVER, ½, ½, L COASTER STEP,**

**1-2&**            Rock fwd on R, Recover on L, Step on the ball of R, next to L,

**3-4**            Rock fwd on L, Recover on R,

**5-6½ Turn left, stepping fwd on L, ½ turn left, stepping back on R, [12:00]**

**7&8L Coaster step,**

**ROCK FWD, RECOVER, ¼ SIDE SHUFFLE, OUT, OUT, ¼ FWD SHUFFLE,**

**1-2**            Rock fwd on R, Recover on L,

**3&4¼ turn right, Shuffling to the right side, [3:00]**

**5-6**            Step L out to left side, Step R out to right side, (pushing hips out)

**7&8¼ Turn left, shuffling fwd, LRL, [12:00]**

**KICKBALL CHANGE, ¼ TOE STRUT WITH HIP BUMP, ½ TURN TOE STRUT WITH HIP BUMP, CROSS ROCK,**

**1&2R Kickball change,**

**3-4¼ turn left, toe strut as you bump R hip, [9:00]**

**5-6½ Turn left, toe strut as you bump L hip, [3:00]**

**7-8**            Cross R over L, Recover on L,

**SIDE, ROCK, BALL STEP, SIDE, ROCK, BALL STEP, ¼, FWD, ½, ½,**

**1-2&**            Rock R out to right side, Recover on L, Step on ball of R, next to L,

**3-4&**            Rock L out to left side, Recover on R, Step on ball of L next to R,

**5-6¼ Turn right, stepping R fwd, Step L fwd (Prep) [6:00]**

**7-8½ Turn left, stepping back on R [12:00], ½ Turn left, stepping fwd on L, [6:00] (Or Walk, Walk).**

**Begin again!**

**TAG - 8 counts - Happens after Wall 2. [12:00] - STOMP FWD, STOMP FWD, OUT, OUT, IN, IN, CROSS UNWIND, "HANDS"**

- 1-2** Stomp R fwd, Stomp L fwd,
- 3&4&** Step R out to right side, Step L out, Step R in, Step L next to R,
- 5-7** Cross R over L on ball of R and Unwind a full turn left, turning with weight on ball of both feet, ending with weight on L,
- 8** Bring palms in front of your face, sliding hands aside to show your face. (or come up with your own move here).

**#2 RESTARTS - First restart happen after Wall 8, do the first 8 counts of the dance and add a Rocking Chair and restart. On Wall 11 dance the first 8 counts and restart. (No Rocking chair here).**

**OPTINAL INTRO - 34 counts (start this intro after 32 counts from the beginning of the song after those heavy beats. Approx at 0.17secs. Right after she says "Come On!".**

**BALL STEP, HITCH, TOUCH OUT TO SIDE, TWIST ¼, R COASTER STEP, FWD, TOUCH,**

- &1-2** Step on the Ball of R, Big step fwd on L, Hitch R,
- 3-4** Touch R out to right side, Twist on L making a ¼ turn right, R still touching fwd, (Clap)
- 5&6R Coaster step,**
- 7-8** Step fwd on L, Touch R next to L,

**Repeat this 8 counts 2 more times.**

**On the 4th eight, [9:00] do the first 4 counts and instead of the Coaster Step, Fwd, Touch, replace counts 5-8 with,...**

- 5-8** Step R Out, Step L Out, Step In, Step L In, and add,...
- 9-10** Cross R over L on ball of R and Unwind a full turn left, turning with weight on balls of both feet, ending with weight on L,

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