

# LINE DANCE REGGAE!

LINEDANCE.COM

**Count:** 64

**Wall:** 4

**Level:** intermediate

**Choreographer:** Jenny & Lindsey Marsh

**Music:** The Train Is Coming by UB40

## ROCK STEPS SIDE & FORWARD/SIDE SHUFFLE TURN/ROCKS/SIDE SHUFFLE TURN/STEP PIVOT ½

- 1&2** Step side right, recover weight onto left, step right forward
- 3&4** Step side left, recover weight onto right, step forward left
- 5&6** Step side right, recover weight onto left, step left forward
- 7&8** Step side left, recover weight onto right, step forward left
- 9&10** Step side right, step left beside right, step side right turning ¼ right
- 11-12** Step forward left, recover weight onto right
- 13&14** Step side left turning ¼ left, step right beside left, step side left, turning ¼ left
- 15-16** Step forward right, pivot ½ turn left

## ROCK/ROCK/SAILOR STEP TWICE/SIDE HIP BUMPS

- 17-18** Step side right, recover weight onto left
- 19&20** Cross right behind left, step side left, step side right
- 21-22** Step side left, recover weight onto right
- 23&24** Cross left behind right, step side right, step side left
- 25-27&28** Step right diagonally forward right while bumping hips right, left, right, left, right
- 29-31&32** Step left diagonally forward left while bumping hips left, right, left, right, left

**Optional: during counts 27&28 and 31&32 bend knees slightly & roll hips forward and up-while doing train motion movements with arms beside the body!**

## SYNCOPATED VINE RIGHT & LEFT/TURNS WITH HIP CIRCLES

- 33-34&** Step side right, cross left behind right, step side right
- 35-36** Step left beside right, step right to side
- 37-38&** Step side left, cross right behind left, step side left
- 39-40** Step right beside left, step left to side

**41-48** Step forward right, circle hips to the left making 1/8 turn left x4

### **HEEL SWITCHES WITH ROCKS/MONTEREY TURNS TWICE**

**49&50** Dig right heel forward, step right beside left, dig left heel forward

**&51-52** Step left beside right, step forward right, recover weight onto left

**&53&54** Step right beside left, dig left heel forward, step left beside right, dig right heel forward

**&55-56** Step right beside left, step forward left, recover weight onto right

**&57-60** Step left beside right, point right toe to right side, on ball of left foot turn ½ turn right over right shoulder bringing in right beside left, point left toe out to left side, step left beside right

**61-64** Point right toe to right side, on ball of left foot turn ½ right over right shoulder bringing in right beside left, point left toe out to left side, step left beside right

### **REPEAT**