

# Open My Heart

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**Count:** 90      **Wall:** 2      **Level:** High Intermediate

**Choreographer:** Maria Maag , Denmark - March 2017

**Music:** Anywhere But Here ( Finding Neverland ) by Christina Aguilera, length 3:40

**Phrasing: 90, 84, 90, 84, 60, 82**

**\*\*\*3 Restarts:**

**On wall 2 after 84 counts ( facing 12:00 ), step fw. R (1)**

**On wall 4 after 84 counts ( facing 12:00 ), step fw. R (1)**

**On wall 5 after 60 counts ( facing 6:00 ), step fw. R (1)**

**Intro: 12 counts from first beat.**

**Ending: On wall 6 after 81 counts ( facing 12:00 ) step fw. L, drag R next to L (82) ...  
The End**

**Note: Thank you so much Niels Poulsen for your Inspiration and help with a few steps.  
Much appreciated.**

**[1 - 6] Step fw. R, ½ turn R, cross L over R point R to R diagonal**

**1-2-3**      Step fw. R (1), step fw. L (2), turn ½ R stepping fw. R (3) 06:00

**4-5-6**      Cross slightly L over R (4), point R diagonally fw. R (5), hold (6) 07:30

**[7 - 12] Step back R, rock L, recover R, step L fw. Figure 4 3/8 turn L**

**1-2-3**      Step R back L (1), rock L to L side (2), recover R (3) 07:30

**4-5-6**      Step fw. L (4), turn 3/8 L on L as you bend L knee and R foot goes to L shin (5), hold (6)  
03:00

**[13 - 18] Weave L, step L to L slide R next to L as you move your upper body and arms  
towards L**

**1-2-3**      Cross R over L (1), step L to L side (2), cross R behind L (3) 03:00

**4-5-6**      Take a big step L (4), slide R next to L as you move your upper body and arms towards L  
(5), hold (6) 03:00

**[19 - 24] Chasse ¼ R (option: 1 ¼ turn R ) ½ turn R step back L and sweep R**

**1-2-3** Step R to R (1), step L next to R (2), Turn  $\frac{1}{4}$  R stepping fw. R (3) 06:00

**4-5-6** Turn  $\frac{1}{2}$  R on R stepping back L and sweep R from front to back (4), continue sweeping R (5-6) 12:00

**[25 - 30] Behind, 1/8 L, step fw R, slowly rock fw. L**

**1-2-3** Cross R behind L (1), turn  $\frac{1}{8}$  L step L to L (2), step fw. R (3) 10:30

**4-5-6** Slowly Rock fw. L reach R arm fw. open hand and palm facing down (4-5), hold (weights L arm is fw.)(6) 10:30

**[31- 36] Recover R, step back L, turn  $\frac{1}{4}$  R stepping fw. R, lunge L fw. prep and reach R arm fw.**

**1-2-3** Step back R and bend R elbow and pull R arm back and close your hand (1), step back L (2), turn  $\frac{1}{4}$  R stepping fw. R (3) 01:30

**4-5-6** Step fw. L and lunge fw. as you rotate your upper body L and reach fw. With your R arm (4-5-6) (weight ends on L) 01:30

**[37- 42] Recover R, step back L turn  $\frac{1}{2}$  R on L stepping fw. R, step fw. L slowly kick R fw.**

**1-2-3** Recover back R (1), step back L (2), turn  $\frac{1}{2}$  R on L stepping fw. R (3) 07:30

**4-5-6** Step fw. L (4), hitch R knee (5), stretch R leg (6) 07:30

**[43 - 48] Step back R turn  $\frac{1}{8}$  R and Lunge R, recover  $\frac{1}{4}$  L sliding R next to L**

**1-2-3** Step back R (1), turn  $\frac{1}{8}$  R on R as you move your upper body and arms R (2), hold with R leg bent and L leg stretched (3) 09:00

**4-5-6** Turn  $\frac{1}{4}$  L stepping fw. L (4), slide R next to L (5-6) Styling: your body is slowly turning towards L diagonal 06:00

**[49 - 54] Twinkle R, twinkle L**

**1-2-3** Step R diagonally fw. L (1), step fw. L (2), step R diagonally fw. R (3) 06:00

**4-5-6** Step L diagonally fw. R (4), step fw. R (5), step L diagonally fw. L (6) 06:00

**[55 - 60] Cross full unwind L, sweep R**

**1-2-3** Cross R over L (1), make a full unwind L on R (2-3) 06:00

**4-5-6** Step down L (4), sweep R fw. (5-6)

**Restart wall 5 06:00**

### **[61 - 66] Jazz ½ turn R, basic fw. L**

**1-2-3** Cross R over L (1), turn ¼ R stepping back L (2) turn ¼ R stepping fw. R (3) 12:00

**4-5-6** Step fw. L (4), step R next to L (5), step L next to R (6) ( Option : Full triple turn L ) 12:00

### **[67 - 72] Twinkle R, Twinkle L**

**1-2-3** Step R diagonally fw. L (1), step fw. L (2), step R diagonally fw. R (3) 12:00

**4-5-6** Step L diagonally fw. R (4), step fw. R (5), step L diagonally fw. L (6) 12:00

### **[73 - 78] Cross full unwind L, sweep R**

**1-2-3** Cross R over L (1), make a full unwind L on R (2-3) 12:00

**4-5-6** Step down L (4), sweep R fw. (5-6) 12:00

### **[79 - 84] Jazz ½ R, basic fw. L**

**1-2-3** Cross R over L (1), turn ¼ R stepping back L (2) turn ¼ R stepping fw. R (3) 06:00

**4-5-6** Step fw. L (4), step R next to L (5), step L next to R (6) ( Option : Full triple turn L ) Restart wall 2&4 06:00

### **[85 - 90] Step fw. R with kick fw. L, step back L hook R in front of L**

**1-2-3** Step fw. R (1), kick L fw. (2-3) 06:00

**4-5-6** Step back L (4), hook R in front of L (5-6) 06:00

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