

BARE ESSENTIALS

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Count: 64 **Wall:** 4 **Level:** —

Choreographer: Ally Crabtree

Music: Bare Essentials by Lee Kernaghan

- 1-3** Swivel right heel right, swivel right toes right, swivel right heel center
- 4** Touch left toes beside right instep
- 5-6** Step left turning $\frac{1}{4}$ left, touch right toes beside left instep
- 7-8** Step right turning $\frac{1}{4}$ right, step left beside right instep
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- 9-11** Swivel left heel left, swivel left toes left, swivel left heel center
- 12** Touch right toes beside left instep
- 13-14** Step right turning $\frac{1}{4}$ right, touch left toes beside right instep
- 15-16** Step left turning $\frac{1}{4}$ left, touch right toes beside left instep
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- 17-18** Kick right heel forward at a diagonal step right behind left
- 19-20** Kick left heel forward at a diagonal, step left behind right
- 21-22** Kick right heel forward at a diagonal, step right behind left
- 23-24** Kick left heel forward at a diagonal, step left behind right
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- 25&26** Shuffle right forward (right, left, right)
- 27-28** Step left forward, pivot $\frac{1}{2}$ turn right
- 29&30** Shuffle left forward (left, right, left)
- 31-32** Step right forward, pivot turn $\frac{1}{4}$ left
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- 33-34** Touch right heel forward at a diagonal, brush right up to right knee
- 35-36** Touch right heel forward at a diagonal, step right beside left

- 37-38** Touch left heel forward at a diagonal, brush left up to left knee
- 39-40** Touch left heel forward at a diagonal, step left beside right
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- 41-42** Jump with feet apart, jump crossing right over left
- 43-44** Unwind turn ½ left, clap
- 45-46** Jump with feet apart, jump crossing left over right
- 47-48** Unwind ½ turn right, clap
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- 49-50** Touch right to right, step right behind left turning ½ right
- 51-52** Touch left toe to left, step left beside right
- 53-54** Touch right to right, step right behind left turning ½ right
- 55-56** Touch left to left, step left beside right
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- 57** Swivel left heel and right toes right (commencing ½ turn right)
- 58** Swivel right heel and left toes right (continuing ½ turn right)
- 59** Swivel left heel and right toes right (continuing ½ turn right)
- 60** Swivel right heel and left toes right (continuing ½ turn right)
- 61** Swivel left heel and right toes right (continuing ½ turn right)
- 62** Swivel right heel and left toes right (continuing ½ turn right)
- 63** Swivel left heel and right toes right (continuing ½ turn right)
- 64** Swivel right heel and left toes to center (completing turn ½ right)

REPEAT