

CHANGE YOUR MIND

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Count: 64

Wall: 4

Level: intermediate

Choreographer: Mary Garner

Music: Change Your Mind by Westlife

RIGHT SHUFFLE FORWARD, LEFT SHUFFLE FORWARD, ROCK STEP, COASTER STEP

- 1&2** Step forward on right, step left next to right, step forward on right
- 3&4** Step forward on left, step right next to left, step forward on left
- 5-6** Rock forward on right, recover on left
- 7&8** Step back on right, step left next to right, step forward on right

STEP ¼ TURN, CROSS SHUFFLE, 2X ¼ TURNS, MAMBO STEP

- 1-2** Step forward on left, pivot ¼ turn right
- 3&4** Cross left over right, step right next to left, cross left over right
- 5-6** Step back on right turning ¼ left, step forward on left turning ¼ left
- 7&8** Rock forward on right, recover on left, step right next to left

CROSS POINTS TWICE, CROSS, SIDE, SAILOR ¼ TURN

- 1-2** Cross left over right, point right to right side
- 3-4** Cross right over left, point left to left side
- 5-6** Cross left over right, step right to right side
- 7&8** Sweep left round turning ¼ left, step right next to left, step left next to right

TOE STRUTS RIGHT AND LEFT, ROCKING CHAIR

- 1-2** Touch right toes forward, step down on right
- 3-4** Touch left toes forward, step down on left
- 5-6** Rock forward on right, recover on left
- 7-8** Rock back on right, recover on left

GRAPEVINE RIGHT, GRAPEVINE LEFT (OPTIONAL ROLLING VINES)

- 1-2** Step right to right side, step left behind right
- 3-4** Step right to right side, touch left next to right
- 5-6** Step left to left side, step right behind left

7-8 Step left to left side, touch right next to left

MONTEREY $\frac{1}{4}$ TURNS RIGHT TWICE

1-2 Touch right to right side, step right next to left turning $\frac{1}{4}$ right

3-4 Touch left to left side, step left next to right

5-6 Touch right to right side, step right next to left turning $\frac{1}{4}$ right

7-8 Touch left to left side, step left next to right

WALKS FORWARD, ROCK AND CROSS, SIDE, BEHIND, CHASSE LEFT

1-2 Walk forward on right, walk forward on left

3&4 Rock right to right side, recover on left, cross right over left

5-6 Step left to left side, step right behind left

7&8 Step left to left side, step right next to left, step left to left side

CROSS ROCK, SHUFFLE $\frac{1}{4}$ TURN, STEP $\frac{1}{2}$ TURN, STEP, TOUCH

1-2 Rock right over left, recover on left

3&4 Step right to right side, step left next to right, step right to right side turning $\frac{1}{4}$ right

5-6 Step forward on left, pivot $\frac{1}{2}$ turn to right

7-8 Step forward on left, touch right next to left

REPEAT

RESTART

**On the 4th wall dance the first 8 counts and then restart the dance from the beginning.
There are no restarts if the dance is done to the alternative pieces of music**