

My Promise To You

LINEDANCE.COM

Count: 32

Wall: 4

Level: Intermediate

Choreographer: Ann & Alex Robb (May 2013)

Music: This I Promise You by Lisa McHugh. Album: Dreams Come To Life (I Tunes)

Intro: 16 counts

Sec 1: R Side, Rock L Back, 1/4 Turn R, Sailor 1/2 Turn R, Full Turn R, L Scissor Step

- 1 Step Right to Right Side
- 2&3 Rock Left behind Right, Recover on Right, Turn 1/4 Right Stepping Back on Left
- 4&5 Step Right behind Turning 1/2 Right, Step Left next to Right, Step Forward on Right
- 6,7 Turn 1/2 Right Stepping Back on Left, Turn 1/2 Right Stepping Forward on Right
- 8&1 Step Left to Left Side, Step Right beside Left, Cross Left over Right

(Optional steps 6,7. Two Prissy Walks forward Left, Right)

Sec 2: Sway R, Sway L, Rock Back & Side, 1/4 Left X 2, Rock Back & Step Fwd L Diagonal

- 2,3 Step and Sway Right to Right Side, Sway Left to Left Side
- 4&5 Rock Right behind Left, Recover on Left, Step Right to Right Side
- 6,7 Turn 1/4 Left Stepping Forward on Left, Turn 1/4 Left Stepping Right to Right Side
- 8&1 Rock Left Behind Right, Recover on Right, Step Left Forward on Left Diagonal (1.30)

Sec 3: Run 5/8 Turning L, Side, Together, Side, Side, Drag, Hitch Cross, L Scissor Step

- 2&3 Run Forward turning 5/8 Left Stepping Right, Left, Step Right to Right Side (6.00)
- 4&5 Step Left Next to Right, Step Right Small Step to Right Side, Step Left Long Step to Left Side
- 6,7 Drag Right Beside Left, Cross Right over Left Slightly Hitching Right (Weight on Right)
- 8&1 Step Left to Left Side, Step Right beside Left, Cross Left over Right

Sec 4: 1/4 Sweep L, Cross, L Coaster Step, R Lock Step Fwd, L to L Side

- 2,3 On Ball of Left Turn 1/4 Left Sweeping Right Forward, Cross Right over Left Stepping Down on Right
- 4&5 Step Back on Left, Step Right Next to Left, Step Forward on Left
- 6&7 Step Forward on Right, Step Left behind Right, Step Forward on Right
- 8 Step Left to Left Side

Begin Again - No Tags, No Restarts

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Source: LineDance.com — https://www.linedance.com/index.php?f=dance_view&id=92662