

# MARTIKA'S KITCHEN

LINEDANCE.COM

**Count:** 64

**Wall:** 4

**Level:** intermediate

**Choreographer:** Terry Mchugh

**Music:** Martika's Kitchen by Martika

## **SCUFF FORWARD RIGHT, HEELS OUT, IN, OUT, COASTER STEP, ROCK HIPS FORWARD, BACK, FORWARD**

- 1-2** Scuff right forward, step right in front of left
- 3&4** Push both heels out, in, out
- 5&6** Step back on right step left beside right step forward on right
- 7&8** Push hips forward, back, forward

## **WALK FORWARD RIGHT, LEFT, FORWARD MAMBO, 2 RIGHT SIDE MAMBOS, WITH ¼ TURN LEFT**

- 1-2** Walk forward on left, walk forward on right
- 3&4** Step forward on left, step right in place, step left beside right
- 5&6** Step right to right side, step left in place, step right beside left
- 7&8** Step right to right side, step left in place, step right beside left with ¼ turn left

## **2 RIGHT HEEL DIGS & RIGHT SAILOR, 2 LEFT HEEL DIGS & LEFT SAILOR**

- 1-2** Dig right heel forward, dig right heel diagonally forward
- 3&4** Step right behind left, step left beside right, step right in place
- 5-6** Dig left heel forward, dig left heel diagonally forward
- 7&8** Step left behind right, step right beside left, step left in place

## **STEP FORWARD RIGHT, TAP LEFT BEHIND RIGHT, BACK SHUFFLE, 4STEPS BACK, WITH HEEL TWISTS**

- 1-2** Step forward on right tap left behind right
- 3&4** Shuffle back left, right, left
- 5-6** Step back on right, with heel pointed out, swivel heel in, repeat on left
- 7-8** Repeat steps 5-6

## **SWEEP RIGHT LEG INTO ¼ TURN LEFT, RIGHT COASTER, 2 HEEL JACKS, SLIDE FORWARD LEFT**

- 1-2** Sweep right leg out & round, bring right beside left, with ¼ turn left
- 3&4** Step back on right, step left beside right, step forward on right
- 5&6** Step forward on heel of left, step left beside right, step forward on heel of right
- &7-8** Step right beside left, take long step forward on left, step right beside left

## **ROCK FORWARD, BACK, RIGHT SHUFFLE FORWARD, ROCK FORWARD, BACK, LEFT SHUFFLE FORWARD**

- 1-2** Step & rock forward on right, rock back on left
- 3&4** Shuffle forward right, left, right
- 5-6** Step & rock forward on left, rock back on right
- 7&8** Shuffle forward left, right, left

## **SCUFF RIGHT FORWARD, HEELS OUT, IN, OUT, ¼ TURN LEFT, HIP ROCK, LEFT, RIGHT, LEFT**

- 1-2** Scuff right forward, step right in front of left
- 3&4** Push both heels, out, in, out
- 5-6** Step forward on right heel, swivel both feet ¼ turn left
- 7&8** Rock hips left, right, left

## **4 CROSS & POINTS, STARTING WITH RIGHT FOOT**

- 1-2** Step forward on right, slightly across left, point left toe to left side
- 3-4** Step forward on left slightly across right, point right toe to right side
- 5-6** Step forward on right slightly across left, point left toe to left side
- 7-8** Step forward on left slightly across right, point right toe to right side

## **REPEAT**