

# Mama's Broken Heart

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**Count:** 32      **Wall:** 2      **Level:** Newcomer

**Choreographer:** Linda Eihentāle (Latvia) Nov 2015

**Music:** Miranda Lambert - Mama's Broken Heart

## **S1: SIDE ROCK, RECOVER, SAILOR STEP, HITCH-STEP BACK 2X, COASTER STEP**

**1RF** rock to right side

**2LF** recover

**3RF** cross behind LF

**&LF** step next to RF

**4RF** step to right side

**&LF** hitch

**5LF** step back

**&RF** hitch

**6RF** step back

**7LF** step back

**&RF** step next to LF

**8LF** step forward

## **S2: SCUFF, HITCH-TURN $\frac{1}{2}$ , COASTER STEP, TOUCH SIDES, KICK, FLICK**

**1RF** scuff forward

**&RF** hitch while turning  $\frac{1}{2}$  left

**2RF** step back

**3LF** step back

**&RF** step next to LF

**4LF step forward**

**5RF touch right side**

**&RF step next to LF(weight on RF)**

**6LF touch left side**

**&LF step next to RF (weight on LF)**

**7RF kick forward**

**&RF step next to LF**

**8LF flick back**

**S3: PIVOT  $\frac{1}{2}$  ,TURN  $1 \frac{1}{4}$  ,WAVE,LONG STEP**

**1LF step forward**

2 Turn  $\frac{1}{2}$  to right(weight on RF)

3 Turn  $\frac{1}{2}$  right LF step back

& Turn  $\frac{1}{2}$  right RF step forward

4 Turn  $\frac{1}{4}$  right LF step to left side

**5RF step behind LF**

**&LF step next to RF**

**6RF cross LF**

**7LF step to left side**

8 Hold

**S4: SAILOR STEP,WAVE, MONTEREY TURN  $\frac{1}{4}$  , HITCH,STEP,TOUCH**

**1RF step behind LF**

**&LF step next to RF**

**2RF step to right side**

**3LF step behind RF**

**&RF step next to LF**

**4LF cross RF**

**5RF touch right side**

**&** Turn  $\frac{1}{4}$  to right side

**6LF touch left side**

**&LF hitch**

**7LF step next to RF**

**8RF touch next to LF**

**Restart 1 in wall 3, after first 12 counts;**

**Restart 2 in wall 6, after first 12 counts;**

**Restart 3 in wall 7(continue dancing while there is a pause in music)after first 24 counts.**

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